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US AIR FORCE

187th Fighter Wing

Vol. 1, No. 12 December 2012

REVERED

CONGRATULATIONS 187 FW NCO and SNCO Inductees

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187TH FIGHTER WING

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Submission deadline for the January 2013 publication is January 7. Articles must be submitted electronically to 187FW.PA@ang.af.mil. For more information, contact Public Affairs at (334) 394-7292.

ON THE COVER >> NCO and SNCO inductees are recognized
during the wing holiday party, Saturday, Dec 1.

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Col. John Currenti reflects on nearly 30 years of military service during his retirement ceremony, held Sat., 1 Dec, 2012 in the Wing Auditorium. *(Photo by TSgt Chris Baldwin)*



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NEWS FROM THE TOP

187 OG holds promotion, change of command and retirement





The 187th Operations Group experienced significant change in a matter of moments during the first half of the December Unit Training Assembly. A change of command ceremony was held, Sat., Dec 1, 2012, where Col. John Currenti relinquinshed command to Col. William Sparrow.

Moments before the change of command ceremony, Sparrow was promoted to Colonel, pinned by his family, and given the Oath of Office by Lt. Gen. Sid Clarke, commander of 1st Air Force, Tyndall AFB, Fla.

(Photos by TSgt Chris Baldwin)

Prior to assuming command of the 187th Operations Group, Col. Sparrow served as commander of the wing's 100th Fighter Squadron.

Samuel W. Black, commander of the 187th Fighter Wing, also officiated the retirement ceremony of outgoing operations group commander, Col. Currenti.

Various members of the wing were on hand to make presentations to Col. Currenti in recognition of his contributions to the 187th Fighter Wing and nearly 30 years of service.

HEALTH & WELLNESS



187th Fighter Wing Director of Psychological Health

It's that time of year where many of us take special care and pause to think of, help, pray, and serve for those not only important to us, but those we don't even know. Some of you may be filled with joy, even glee. Others may experience something less than that, up to and equal to what some call the winter blahs. Even still, there may be some who could care less about the holiday season, but just like the time off. Every year we have an opportunity to be actively involved in a hectic hustle and bustle, or to simply enjoy the ride and sentiment of the season. No matter your thought about the holidays, how you approach them affects your experience.

For some, experiencing heightened anxiety and anguish during this time begins with the proverbial "ache in the gut" or "ball of fear in the throat." For them, the holidays means spending more than they have, wanting more than they can get, isolating, and/or overindulging in food and drink. The holidays may remind them of grief and the loss of connection to those they love instead of joy. And this seems to lead to awkwardness between those who are not experiencing this and those who are. It can take a lot for a person to talk about the things that concern them, but it takes even more to verbalize those emotions that surround that awkwardness.

If you think about it, it's as if the entire body fills up like a balloon. Our bodies literally hold every hurt feeling, every criticism, and of course fear turns to poison, like a slow building toxic waste dump. I'm pretty sure that's not healthy! But the focus of this article is not to dampen your holiday mood, but to provide some ideas to combat the holiday blues.

So, here are 7 tips to help us not only through the holiday season, but throughout the year...

1. Be realistically gracious. Thank others.

2. Accentuate your positive attributes. Thank yourself. Learn to forgive yourself and others and

accept, rather than struggle against, what you may have no control over.

3. Give yourself permission to say "no."

4. Get connected. Being with others is a powerful antidote for depression.

5. Help someone else. There is a difference between giving of yourself and merely buying presents

6. Take care of you. Moderation is the key. Sugar highs lead to sugar crashes and cravings for more and weight gain can lead to fatigue and lowered self-esteem. Likewise, alcohol is only a temporary fix and causes more problems in the long run. If we overindulge on fun and good company instead, there is no damage to our waistlines.

7. Seek assistance if the blahs disrupt your ability to function at home or work.

So, until next time, may your holiday season be filled with glad tidings, good cheer, and a bounty of friends and family. As Frederick Keonig said "happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have." Happy Holidays!

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A look into Terrorist Target Selection

by Col (ret) George R. McCurdy III 187th Fighter Wing Antiterrorism Office

Vigilance and alertness are absolutely imperative in our efforts to protect our people and critical assets on our base and in our community as whole. The steps terrorist use to select their target is outlined below. We all need a good basic understanding of this process as we continue to be a vital part of the fight against terrorism. Be ALERT, REPORT SUSPI-CIOUS ACTIVITY BY CALLING 394-7277 if you see anything that is the least bit out of the ordinary.

TERRORIST TARGET SELECTION

Phase 1: Broad Target Selection: During broad target selection, terrorists collect information on numerous targets to evaluate their potential in terms of symbolic value, casualties, infrastructure criticality, or public attention.

Phase 2: Intelligence Gathering and Surveillance: Vulnerable targets able to meet attack objectives are selected for additional intelligence gathering and surveillance. This effort may occur quickly or over years depending upon the target and planning information needed. Terrorists seek to gather detailed information on guard forces, physical layout, personnel routines, and standard operating procedures.

Phase 3: Specific Target Selection: Specific targets are then identified for attack based on anticipated effects, publicity, consistency with overall objectives, and costs versus benefits of the attack.

Phase 4: Pre-attack Surveillance and Planning: Terrorists may conduct additional surveillance to confirm previous information and gain additional details. During this stage, terrorists will select the method of attack, obtain weapons and equipment, recruits specialized operatives, and design escape routes. Phase 5: Rehearsals: Terrorists often rehearse the attack scenario to confirm planning assumptions, enhance tactics, and practice escape routes. They may also trigger an incident at the target site to test the reaction of security personnel and first responders. Phase 6: Actions on the Objective: Terrorists choose to execute attacks when conditions favor success with the lowest risk. Factors they consider include surprise, choice of time and place, use of diversionary tactics, and ways to impede response measures. Phase 7: Escape and Exploitation: Unless an operation is a suicide attack, escape routes are carefully

planned and rehearsed. Terrorists may exploit successful attacks by releasing pre-developed statements to the press.

Nothing can guarantee 100% security against terrorism. It is

Not possible to completely protect everything all of the time.

Understanding the terrorist attack planning Cycle (TAPC) is the key to disruption.

NEVER LOSE SIGHT OF THE CRITICAL ROLE WYOU PLAY IN THE FIGHT AGAINST TERROR-ISM.

Detecting this type of terrorist activity is crucial and is everyone's responsibility validating the tremendous importance of our Eagle Eyes Program and the absolute necessity of accomplishing our RAMs (Random Antiterrorism Measures) correctly and on time. **BE ALERT, REPORT ANY SUSPICIOUS ACTIVITY BY CALLING 394-7277**



AROUND THE PATTERN

Recruiting Office relocated to Taylor Rd, storefront



The Alabama Air National Guard and the 187th Fighter Wing Recruiting Office held the Grand Opening of their new Storefront location on November 30, 2012. The community was invited to share in the excitement as the organization hosted a live radio remote with Y102! from 11:00 am to 1:00 pm.

Col. Sammy Black, 187th Fighter Wing Commander, hosted a ribbon cutting ceremony at approximately 11:30 am. and free pizza and light refreshments were offered, as well as give-aways donated by local area businesses. The new address is 3453 Malcolm Drive just past the Max Federal Credit Union off of Taylor Road.

All guardsmen are encouraged to tell others about the Air National Guard's excellent benefits – some of which include low cost health care, sign on bonuses, money for college, and paid training.







AROUND THE PATTERN

Wing Holiday Party, NCO and SNCO Induction Ceremony













(Photos by TSgt SMSgt Walt Linch, TSgt Chris Baldwin and TSgt Jeff Foster)







RETENTION OFFICE



The vision of the 187th ghter Wing Retention Office is to ensure the right people are in the right job at the right time. Utilization of retention resources will enable the retention team to retain qualified ANG members within the force struc-ture which in turn will assist the Alabama Air National Guard's effort to meet and/or exceed its

ANG mission.

<u>MISSION</u>

The mission of the 187th Fighter Wing Reten-tion Office is to utilize all retention resources in motivating and guid-ing all members toward their full potential in the Alabama Air National Guard. Utilization of these resources will rethese resources will résult in an outstanding performance and iden-tify and eliminate career irritants.



187th Fighter Wing Retention Office

A motto for life: "People like hot fries!" -CMSAF Robert D. Gaylor (Ret)

1) IMPORTANT NOTE: To help expedite the TEB approval process, any of the following documents can be submitted to the ROM/RRNCO, verifying Post 9/11 GI Bill service eligibility:

- a. VA Certificate of Eligibility (COE)
- b. ARPC Letter of Certification (LOÉ)
- c. eBenefits Eligibility Screen Shot
- d. DD 214s showing service authority (Title 10 and/or Title 32 502(f) AGR)
- e. AGR Orders (Current AGRs only).

2) We received confirmation recently from the VA that effective August 1, 2012, the VA is only paying the kicker under Chapter 33 if the claimant relinquished the benefit for which they were kicker eligible.

Therefore, if the member has a 1606 kicker, they would only receive payment after 8/1/12 if they relinquished 1606.

If the member relinquished 1607 or Ch 30, then they would no longer receive kicker payments.

3) Please go to our Share Point: https://eis.ang.af.mil/org/187FW/Post%20911%20GI%20BillChapter%2033 %20Information/Forms/AllItems.aspx for the most recent information from NGB to include the current application and transfer procedures. There, you will also find slide shows for the POST 9-11 IMPROVEMENTS, POST 9-11 TITLE 32 AGR, and ARPC LOC. More information concerning the Post 9/11 GI Bill / Chapter 33 benefit or any of the other GI Bill Chapter benefits can be found at www.gibill.va.gov.

4) Quarterly CMP/UCA Training Meeting on Sunday, 02 Dec 2012, from 0900-1100 in the Wing HQ Conference Room, Bldg. 1502.

5) Quarterly Newcomers Orientation Briefing (NOB) Sunday, 02 Dec 2012, from 1300-1430 in the Wing HQ Conference Room, Bldg. 1502.

Contact Stan Krasinski at stan.krasinski@ang.af.mil or call (334) 394-7375

AIRMAN'S CREED

I am an American Airman, I am a Warrior; I have answered my nation's call.

* * *

I am an American Airman. My mission is to fly, fight and win. I am faithful to a proud heritage, A tradition of honor, And a legacy of valor.

I am an American Airman, guardian of freedom and justice, My nation's sword and shield, Its sentry and avenger. I defend my country with my life.

I am an American Airman; Wingman, leader, warrior. I will never leave an Airman behind, I will never falter and I will not fail.

Photo by Tech. Sgt. Chris Baldwin

WING QUARTERLY AWARDS WINNERS

Second Quarter

Airman - SrA Ivy Sweeney NCO - TSgt James Hurst SNCO - SMSgt Ann Moody

Third Quarter

Airman - SrA Ivy Sweeney NCO - TSgt James Hurst SNCO - SMSgt Ann Moody

AIR FORCE/ NATIONAL GUARD NEWS

Original Tuskegee Airman, Herbert Carter dies at 95



Funeral services were held at Tuskegee University at the campus chapel for retired Lt. Col. Herbert E. Carter, one of the original Tuskegee Airmen, who died Nov. 8 at the age of 95.

Carter was among the first troops to report to Tuskegee during World War II as the Pentagon began training the nation's first black military pilots.

Carter served in the Air Force and its Army predecessor for 25 years before retiring. He also taught at Tuskegee.

Retired Lt. Col. Herbert Carter was one of the most active in promoting the legendary fighter pilots, died at East Alabama Medical Center in Opelika, according to local reports

Tuskegee Mayor, Johnnie Ford said Carter was a local and a national hero.

Through their bravery and skill as World War II fighter pilots, the all-black Tuskegee Airmen are credited with not only taking part in winning the war, but in overcoming racial stereotypes and barriers. The fighter pilots' mission was protecting bombers looking for trains or enemy troops to attack in North Africa, Sicily, Italy and Germany.

Carter was one of the 33 original pilot trainees in the Tuskegee Airmen program, a member of the 99th Fighter Squadron and an aircraft maintenance supervisor. (Photo by TSgt Jeff Foster) 2012 that only four from that original group of 33 were left.

The Tuskegee Airmen were featured in the movie "Red Tails," which opened earlier this year. Carter was much in demand at George Lucas' Skywalker Ranch during the years-long planning for the movie, according to his January interview with the Advertiser. Carter and several other Tuskegee Airmen spent three weeks, a week at a time, at Lucas' California ranch, where he said Lucas and his staff made them feel like heroes.

"(Lucas) treated us right and fulfilled his promise to make a realistic movie," Carter said.

Carter remained in the integrated Air Force after World War II. He retired as a lieutenant colonel in 1969. He became associate dean for student services at Tuskegee University and served in several other important capacities during his time there.

Carter worked to keep the Airmen in the public eye. Earlier this year, Carter told a local newspaper he had cut back on some of his appearances, but he still spoke to officers and others throughout the nation

"It's a thrill for him to do it," Kurt Carter said of his father at the time. "He's just honored to be asked. It recharges his batteries."

Carter's his wife, Mildred, died three months earlier after an extended illness. They had been married for nearly 70 years.

¹⁰ Carter told the MontgomeryAdvertiser in January of

AIR FORCE/ NATIONAL GUARD NEWS

Reminder: Pregnancy Profiles must be accomplished

All supervisors are reminded to any pregnant personnel to see Public Health to have a profile completed if this has not already accomplished. Also remember that pregnant women are exempted from all the fitness requirements for six months following childbirth. Affected members are also reminded to bring their excuse from the doctor when returning to work with or without restrictions. This is due at the time of their six week checkup and should be brought in within a timely manner.

We have several individuals that are not bringing their excuses in to the Public Health office. If there is any change in pregnancy status at any time, Public Health must be informed. It is required in order to change the profile status and accurately set the date to when a the individual can complete a Physical Fitness test.

We know that you all want the best for your member so please help us in keeping them healthy and safe while they are here at the 187th FW. Contact Danita Hood, Program Coordinator I in the 187th Medical Group at 334-394-7556 for additional information.

DMDC eliminates CEI website; NGB solution underway

Currently Citizen Airmen are unable to update their Civilian Émployment Information data. Due to budget constraints, the Defense Manpower Data Center (DMDC) data collection website has been eliminated and Citizen Airmen are no longer able to provide their civilian employment data.

For the last few months, the Air National Guard and Air Force Reserve have been partnering with the Army National Guard who have been developing a new website for the reserve components to use. Once this site is ready for use, myPers will be updated with additional information.

Guidance Posted From: myPers Total Force Service Center





TOUCH & GOS

2013 UTA SCHEDULE

January 12-13 February 9-10 March 2-3 August 3-4 April 13-19

May 4-5 June 1-2 July 13-14

September 14-15 October 5-11 November 2-3 December 7-8

* Apr: 13-16 (UTA) and 17-19 (AT) / Oct: 5-6 (UTA) and 7-11 (AT)

TOBACCO USE POLICY

Effective 1 Oct. 2012, use of tobacco inside of 187 FW facilities is prohibited. Please see your supervisor for additional information and/or guidance.

NEW BASE NUMBERS

Many base numbers have changed in the last few months, please check your directory before dialing.

CHAPEL SERVICE

Chapel Service will be held, Sunday, Oct. 21, 0800, in the Wing Conference Room. Contact the Chaplain's Office for additional information.

GTC/TRAVEL REMINDER

DoD travelers are reminded that use of the Government Travel Cards is mandatory. Also please be reminded that travel vouchers are to be submitted within five days upon return from travel.

OFFICER VACANCY

AFSC: 3PF1 Title: Security Forces Operations Officer Grade: 2Lt - Maj Closeout Date: 12 December 2012

FIRST SERGEANT VACANCY ANNOUNCEMENT

187th FIGHTER WING AND OPERATIONS

MINIMUM QUALIFICATIONS

- Current First Sergeants (8FOOO)

- Technicians or AG Rs, who are assigned as First Sergeants, must already be in an n E-8 grade - Rank: Master Sergeant (immediately promotable to Senior Master Sergeant)

- Successfully completed the NCO Academy (in-- Minimum physical profile of PULHES 333231

- Aptitude score of at least 41 in Administration or
- 62 in General as evidenced by ASVAB scores
- Ability to speak distinctly
- Meet minimum ANG fitness Standards

HOW TO APPLY

Submit your application to MPF/Customer Ser-

Deadline: 19 December 2012 (UTA) Selection Board: January 2013 (UTA)

Application packages must contain the following:

4. A brief resume (one page preferred)

5. A current Personnel Record Review rip (you can get this from your orderly room or the MPF) kenneth.monk@ang.af.mil