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187TH FIGHTER WING

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ON THE COVER >> Col Judy Dailey takes command of the 187 MSG, during wing formation on 20 Oct, Unit Training Assembly. Read more at page 3. (*Photo by TSgt Chris Baldwin*)



MONTGOMERY, Ala. - Five Airmen assigned to the 187th Fighter Wing were recognized for completing Community College of the Air Force Associate Degrees. (*Photo by TSgt Chris Baldwin*)

NEWS FROM THE TOP

Col Dailey takes command of the 187th Mission Group



Col Judy K. Dailey took command of the 187th Mission Support Group from Col Paul Jacobs during a brief change of command ceremony, held 20 October, during the 0745, Unit Training Assembly Wing Formation on the flightline.

Dailey, previously served as commander of the Family Support Squadron. This change is one of many occuring within the Mission Support Group. Additional annoucements will be made at a later date.

Maj Angela Reed Mayberry replaces Lt Col Dailey as the FSS commander.



HEALTH & WELLNESS

Psychological Health – I'm Just Sayin'...

by LaTonja Sallet, MA, LPC, NCC 187th Fighter Wing Director of Psychological Health

Did you know the Substance Abuse and Mental Health Services Administration (SAMHSA) has a program designed specifically to help you and your family? It is called the Service Members, Veterans, & Families Technical Assistance Center (SMVF TAC). The purpose of the SMVF TA Center is to help states, territories, and tribes develop effective, responsive behavioral health systems for Service Members, Veterans, and their Families, through public/private collaboration with local agencies. The SMVF TA Center provides the following assistance: Webinars; Learning communities; Telephone and on-site individualized consultation, technical assistance, and/or training; Policy Academies; Resource provision (e.g., publications, fact sheets, etc.

As your director of psychological health and as a member of the state of Alabama's policy academy I act on your behalf in the behavioral health arena. One of the most exciting programs coming in the next several months will be the veteran peer-to-peer support program. This can be a great way to not only take care of yourself, but to help others do the same.

This program is in the planning stage right now, but if you or someone you know is interested in becoming a part of AL's veteran peer-to-peer support program, please give me a call at (334) 394-7112.

Editor's Note: To speak with Ms. Sallet, please contact her at 334 394-7112.



So, How You Doin'? (Just a little food for thought) Living in the South we often ask people we meet how they are without giving much thought or intent to understand the answer the other person provides. Do we genuinely want to know how they are or do we ask that question because we don't know what else to say? Just like we have automatic thoughts we can also have automatic utterances or just say things off the cuff. Usually these utterances could be followed with the statement "it seemed like a good idea at the time or why did I say that!?" We all know that if either of these statements apply, then it has become apparent the thought or utterance could have been kept to ourselves. If you sometimes get your outside voice confused with your inside one, you are not alone. We all have the potential for our tongues to override and hijack our brains. Automatic thoughts

work well simply because they are what they are, but they sometimes become liabilities when they lead to automatic utterances or are perpetually negative. So, when you find yourself having one of those days when you think..."I shouldn't have said that" examine your own purpose and motive behind the statement you made. Did it do anything for you? What was the value added for the other person? And when you ask someone how they are doing, do you actually listen to their answer? Or do you really want to know how they are doing? The most important and ultimate goal in dealing with others is to be genuinely thoughtful. So, how **You** Doin'?

Begin each day as if it were on purpose. ~Author Unknown

HEALTH & WELLNESS

Reasons

by TSgt Donald McLeod 187th Fighter Wing Chaplains Office

There are many things in life people take for granted. And there are many people that are taken for granted. I am a firm believer everything that happen, has its own divine reason, however, at that present time you can't make any sense out of it. I grew up in a family who had a strong belief in whatever God allowed to happen was for the best. It was to make you stronger, and you didn't question what was done. I often hear people ask God why did he let this or that happen, they never stop to think about what the incident or event is doing for them in a positive nature.

I remember an elderly lady once told me, she didn't "grow up" until God called her dad home. She said as long as her dad was living she didn't want for anything, therefore, she never took the responsibility of being a mother to her children, a wife to her husband, nor a woman in the eyesight of God. She remained a child in a woman's body. She said if she wanted something her husband could not provide, she would go and ask her dad. Never thinking or caring how it made her husband feel. This caused major problems in their marriage and in their household. She told me when her dad died suddenly of a massive heart-attack, her whole world came crumbling down. She knew that she had to grow up fast. She told me that she never tried to further her education or get a job. She said she didn't have to because her dad took care of everything for her.

God removed that one thing in her life that she was so dependent upon. Because little did she know at that time, her husband was considering filing for a divorce. But God stepped in and made her grow up and take responsibility for her own actions. I know people reading this article might say that it was sad



she had to lose her dad before she realized things were worse off than she could imagine. Nevertheless, she failed to understand that she was depending on the wrong father.

God wants us to seek him for "all" our needs. When God removed her dad from the scene, it became clear to her that if her husband was unable to provide for her and the family, she was to ask the Lord to make a way. God has been known to make a way out of no way. After my conversation with this lady, she told me to always remember; in a marriage everybody has a role. And God can make your role in the relationship very easy, all you have to do is ask.

You may contact the 187th Chaplain's Office at tel.334-394-7127. Prayer request or comments can be sent to our email account at 187FW.HC@ang.af.mil.

ANTITERRORISM

Detecting and Reporting Suspicious Behavior by Col (ret) George R.McCurdy III

187th Fighter Wing Antiterrorism Office

Reporting suspicious behavior is crucial in the Global War on Terrorism. Please contact our BDOC which operates 24 hours a day, seven days a week, at 334-394-7277 and report any suspicious behavior. Listed below are the categories of suspicious behavior:

Surveillance: Someone recording or monitoring activities. This may include the use of cameras (either still or video), note taking, drawing diagrams, annotating on maps or using binoculars or other vision-enhancing devices.



Elicitation: People or organizations attempting to gain information about military operations, capabilities, or people. Elicitation attempts may be made by mail, fax, telephone, or in person. Examples could include being approached at a gas station (or mall or airport or library, etc) and asked about what's happening at the base; getting a fax (or an e-mail or a telephone call, etc) asking for troop strength numbers... or the number of airplanes on base... or deployment procedures... or how a trash-collection truck gets on base... or the location of the HQ building... or how many people live in a certain dorm... or where the commander lives... or how many people hang out at the officers/enlisted club at night... or which nightclubs/ restaurants off base are highly frequented by military people... or the workings of the base's network firewall, etc.



Tests of security: Any attempts to measure reaction times to security breaches or to penetrate physical security barriers or procedures in order to assess strengths and weaknesses. Examples: a person grabs the base fence and shakes it and sees how long it takes for police to respond; a driver approaches the front gate (without ID and/or car sticker) and pretends to be lost or to have taken a wrong term, just to learn the procedures of how he is dealt with and how far into the gate he can get before being turned around; a person places a "smoke bomb" near the fence or throws it over the fence, just to learn how quickly police respond and what effect that has on front-gate operations, etc.

Acquiring supplies: Purchasing or stealing explosives, weapons, ammunition, detonators, timers, etc. Also includes acquiring military uniforms, decals, flight manuals, passes or badges (or the equipment to manufacture such items) or any other controlled items.

Suspicious persons out of place: People who don't seem to belong in the workplace, neighborhood, business establishment, or anywhere else. Includes suspicious border crossings and stowaways aboard ship or people jumping ship in port. This category is hard to define, but the point is that people know

ANTITERRORISM

SUSPICIOUS BEHAVIOR, Cont'd

what looks right and what doesn't look right in their neighborhoods, office spaces, commutes, etc, and if a person just doesn't seem like he or she belongs, there's probably a reason for that.

Dry run: Putting people into position and moving them around according to their plan without actually committing the terrorist act. This is especially true when planning a kidnapping, but it can also pertain to bombings. An element of this activity could also include mapping out routes and determining the timing of traffic lights and flow. Take note of people moving around from place to place without any apparent purpose and doing it, perhaps, many times. The appropriate example here is the Sept. 11 hijackers, who are now known to have actually flown on those exact flights several times before Sept. 11. Their purpose was to practice getting their people into position, working out arrival times, parking, ticketing, going through security, boarding, etc. By taking note of everything around them, in one sense they were conducting surveillance and testing security, but they were also doing a dry run of the actual activity.

Deploying assets: People and supplies getting into position to commit the act. This is a person's last chance to alert authorities before the terrorist act occurs. Look for people loading up vehicles with weaponry/explosives, etc, and/or parking that vehicle somewhere, or people in military uniforms (who don't look right) approaching an installation or getting into a vehicle, or people who seem out of place standing by at a certain location as if waiting for something to happen. One fairly good example of this is the attack on the Khobar Towers in Saudi Arabia. When the explosives-laden truck pulled up to the fence line (which was the "deploying assets" step) and the driver jumped out and ran away, that was seen by a spotter on the roof of the dormitory, who recognized this as suspicious activity. He then sprinted down stairs and began pounding on doors, rousting people out of bed and getting them out of the building. Because of that, he saved many, many lives, and it's all because he recognized the "deploying assets" element.

For additional information contact Col (ret) George R. McCurdy III can be contacted at 334-394-7121.



AROUND THE PATTERN



VISION

The vision of the 187th Fighter Wing Retention Office is to ensure the right people are in the right job at the right time. Utilization of retention resources will enable the retention team to retain qualified ANG members within the force structure which in turn will assist the Alabama Air National Guard's effort to meet and/or exceed its ANG mission.

MISSION

The mission of the 187th Fighter Wing Retention Office is to utilize all retention resources in motivating and guiding all members toward their full potential in the Alabama Air National Guard. Utilization of these resources will result in an outstanding performance and identify and eliminate career irritants.

Direct recruiting and retention inquiries to MSgt Stan Krasinski at stan. krasinski@ang.af.mil or call 334.394.7480 or Cell:334.220.4339

187th Fighter Wing Retention Office

A motto for life: "People like hot fries!" -CMSAF Robert D. Gaylor (Ret)

POST 9/11 GI BILL: Please go to our Share Point at; https://eis.ang.af.mil/org/187FW/Post%20911%20GI%20BillChapter%2033%20 Information/Forms/AllItems.aspx for the most recent information from NGB to include the current application and transfer procedures. There, you will also find slide shows for the POST 9-11 IMPROVE-MENTS, POST 9-11 TITLE 32 AGR and ARPC LOC. More information concerning the Post 9/11 GI Bill / Chapter 33 benefit or any of the other GI Bill Chapter benefits can be found at www.gibill.va.gov.

REENLISTING FOR PROMOTION OR DEPLOYMENT? If you do not have retainability for that upcoming promotion or deployment and are currently on an incentive (Bonus) you must extend to acquire the required retainability. If you are allowed to reenlist, early, you void the conditions of your contract. Your incentive will be terminated and recoupment will be required. Please keep your money and extend to cover the time you need!

If you have reenlisted since 03 Aug 2010 and have not stopped by the Retention Office in Bldg. 1502 to claim your Sgt Ski gift, please do so. There is also an Air National Guard Reenlistment Program for you to take advantage of if you have not already. Go to www.goang.com or call 1.800.TO.GO.ANG to respond to the survey.

NATIONAL ENLISTED INCENTIVE AFSC LIST

1C3X1 Command Post
1N0X1 Operations Intelligence
2A3X3 Tactical Aircraft Maint
2A3X4 Fighter Acft Int Avionics
2A6X1 Aerospace Propulsion
2T2X1 Air Transportation
2W0X1 Munitions Systems
2W1X1 Aircraft Armament Sys
3D1X1 Client Systems
3D1X3 RF Transmission Sys
3E2X1 Pavements and Construction Eq

4N0X1 Aerospace Medical Service

Thank you for your assistance, service and please have a great drill weekend!

AIRMAN'S CREED



Photo by Tech. Sgt. Chris Baldwin

ABOVE AND BEYOND

A team of fourteen 187th Fighter WIng members participated in the Alabama Kidney Foundation Walk-A-Thon on 18 August 2012 and raised \$1514.85 for this organization. Congratulations on the team effort of community involvement and for being the the only military organization represented.



AROUND THE PATTERN

187 FW Vice invites you to run with the "Red Tails"

The following was sent to all wing personnel via email...

I have established a Team entry, "187FW RED TAILS", for the Georgia Spartan Sprint Race on 9 March 2013. I have talked to some of you about this, and now it is a reality and we have a team. If you are just now hearing about this, you can go to the following link for more information:

http://www.spartanrace.com/georgia-obstacle-racing-spartan-sprintconvers.html

The first deadline is to join the "187FW RED TAILS" has past but it is not too late to join our team. You can actually register to be on our team all the way up to the week before the race, but the price will go up every month, and would be \$100 the day of the race. The current price to register is \$70, but I have provided a discount code below and you will also get another \$10 off if you have a Military ID. The week before the race, each member of the team will get another \$15 back because our team will be over 30 people. That \$15 will be credited back to your credit card you used to register with.

\$10 off code for you to use if you have not entered yet. (For those of us that have already signed up, we are out of luck. I got this after I signed up... guess we can use it for another race somewhere) Code: spear10 Our team name is "187FW RED

TAILS"

Here are the links to the registration pages. This one is directly on the Spartanrace web site. (I would read this entire email before you start to fill it out) http:// www.spartanrace.com/signup. php?eventID=2216702

Under State: Pick "Georgia" (this is which race you are entering, NOT where you live)

Then click on "CREATE or JOIN A TEAM"

On next page, pick the first available time on Saturday / Military & Student (individual & Team). The time does not matter. After our team is established, they will put us in whatever heat will allow us all to race together!

Sign in as new user or use the Active.com account if you have one and want to use it. Fill out all data as requested.

When you get to Team Information, Click on "Join a Team" and our team is 187FW RED TAILS (Patten)

Under Additional purchases, you have to select participants Insurance contribution. Not sure why they don't just include this in the fee, but I am sure there is some legal reason to separate it.

Even though we are a team, the first 4 members of the RED TAILS team will count for our Finishing placement. The rest of us will help each other get over obstacles a lot of the time and we will all compete in the same heat.

Being in top physical shape is not a requirement, but wanting to have a good time and do something fun as a wing is!! The distance is about 5K, and you will find a lot of the people will walk from obstacle to obstacle. The goal is to finish!

I have access to the All Mighty Mud Run course that we ran last month. I will put out emails and offer to meet anyone up at the course on Mondays in the near future to help train or if you just want to see what one of these races is like. Mud might not be "prime" but the rest of the course is basically still set up.

We will look at designing a Team Shirt for the race as well. If anyone wants to make suggestions on the design for the shirt, let us know.

Feel free to invite your Friends and Family members as well. If we are the largest team registered, we will be announced.

If you have a ACTIVE.COM account and want to register through that web site:

http://www.active.com/adventure/ conyers-ga/georgia-spartan-sprint-2013

Thanks. Do not hesitate to call or email me if you have any questions: 334-394-7102 or scott.patten@ang.af.mil

AIR FORCE/ NATIONAL GUARD NEWS

Do's and Don'ts for Airmen during political season

by Maj. Jennifer Clay Air Force Global Strike Command Judge Advocate

10/18/2012 - BARKSDALE AIR FORCE BASE, La. (AFNS) -- With the 2012 general presidential election only weeks away, please in mind that special ethics rules apply to active-duty Airmen regarding their political activities.

The purpose of these rules is to ensure the Department of Defense does not influence our nation's electoral process. Violation of these rules can have serious consequences and could result in criminal or administrative penalties.

As an Airman, you should be familiar with what you can and cannot do regarding political activities. The following is a quick reminder of the basic rules:

As an Airman, you may:

- · Register, vote and privately express your opinions on political candidates and issues (but not as a representative of the Armed Forces).
- · Make monetary contributions to a political organization.
- Encourage other military members to exercise their voting rights, however, you may not attempt to influence or interfere with the outcome of an election. Also, you may not encourage subordinates to vote for or against a particular issue or candidate.
- · Sign a petition for specific legislative action or a petition to place a candidate's name on an official election ballot. You may not identify yourself by rank or duty title.
- Write a letter to the editor of a newspaper expressing your personal views on public issues or political candidates, if such action is not part of an organized letter-writing campaign. You may not identify yourself by rank or duty title. If the letter identifies you as being on active-duty status (or if you are otherwise reasonably identifiable as a member of the Armed Forces), the letter should clearly state that the views expressed are your individual views and not those of the Air Force or DOD.
- · Display a small bumper sticker on your private vehicle.

The following activities are prohibited by the Joint Ethics Regulation, DoD Regulations, Air Force Instructions and federal law. Violation of these rules

may result in criminal penalties or disciplinary ac-

As an Airman, you may not:

- · Use your official authority, influence or government resources including e-mail, to interfere with an election, affect the course or outcome of an election, encourage votes for a particular candidate or issue or ask for political contributions from others.
- · Participate in any radio, television or other program or group discussion as an advocate of a partisan political party or candidate.
- · Solicit or fundraise in federal offices, facilities or military reservations for a partisan political cause or candidate.
- · Display a large political sign, banner or poster (as distinguished from a bumper sticker) on the top or side of a private vehicle.
- · Participate in any organized effort to provide voters with transportation to the polls if the effort is organized by a partisan political party or candidate.
- · Attend partisan political events as an official representative of the Armed Forces.
- · Display a partisan political sign, poster, banner or similar device visible to the public at one's residence on a military installation, even if that residence is part of a privatized housing development.
- · Under Article 88 of the Uniformed Code of Military Justice, military officers may not publicly disrespect or undermine certain elected officials, federal secretaries or congress.

Partisan political activities are actions that show support for a particular political party or candidate. For example, an Airman may not participate in a rally supporting a candidate, work for a candidate's election committee, run for elected office, appear in a political advertisement or otherwise officially support a candidate.

Earlier this year, an Army reservist was reprimanded for appearing in uniform on CNN to support a presidential candidate. This is just one example of what not to do.

TOUCH & GOS

2012 UTA SCHEDULE

November None December 1-2

2013 UTA SCHEDULE

January 12-13	May 4-5	September 14-15
February 9-10	June 1-2	October 5-11
March 2-3	July 13-14	November 2-3
April 13-19	August 3-4	December 7-8

*Apr: 13-16 (UTA) and 17-19 (AT) / Oct: 5-6 (UTA) and 7-11 (AT)

NO TOBACCO POLICY

Effective 1 Oct. 2012, use of tobacco inside of 187 FW facilities is prohibited. Please see your supervisor for additional information and/or guidance.

NEW BASE NUMBERS

Many base numbers have changed in the last few months, please check your directory before dialing.

CHAPEL SERVICE

Chapel Service will be held, Sunday, Oct. 21, 0800, in the Wing Conference Room. Contact the Chaplain's Office for additional information.

OFFICER VACANCIES

AFSC: 21A3

Title: Aircraft Maintenance Officer

Grade: 2Lt - Maj

Closeout Date: 15 November 2012

AFSC: 38F3

Title: Manpower and Personnel Officer

Grade: 2Lt - Maj

Closeout Date: 15 November 2012

AFSC: 41A3

Title: Health Service Administrator

Grade: 2Lt - Maj

Closeout Date: 20 November 2012

FIRST SERGEANT VACANCY ANNOUNCEMENT

187th FIGHTER WING AND OPERATIONS GROUP

MINIMUM QUALIFICATIONS

- Current First Sergeants (8FOOO)
- Technicians or AG Rs, who are assigned as First Sergeants, must already be in an n E-8 grade equivalent position in their fulltime assignment.
- Rank: Master Sergeant (immediately promotable to Senior Master Sergeant)
- Successfully completed the NCO Academy (inresidence preferred, correspondence acceptable)
- Minimum physical profile of PULHES 333231 (i.e., no significant physical restrictions)
- Aptitude score of at least 41 in Administration or 62 in General as evidenced by ASVAB scores
- Ability to speak distinctly
- Be financially stable
- Meet minimum ANG fitness Standards
- Be highly motivated with exceptional leadership and managerial skills

HOW TO APPLY

Submit your application to MPF/Customer Service

Deadline: 19 December 2012 (UTA) Selection Board: January 2013 (UTA)

Application packages must contain the following:

- 1. Letter of application/intent from you explaining why you want to be considered and why you believe you are qualified.
- 2. Letter of recommendation from your current squadron commander
- 3. Two additional letters of recommendation
- 4. A brief resume (one page preferred)
- 5. A current Personnel Record Review rip (you can get this from your orderly room or the MPF)kenneth.monk@ang.af.mil