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187TH FIGHTER WING

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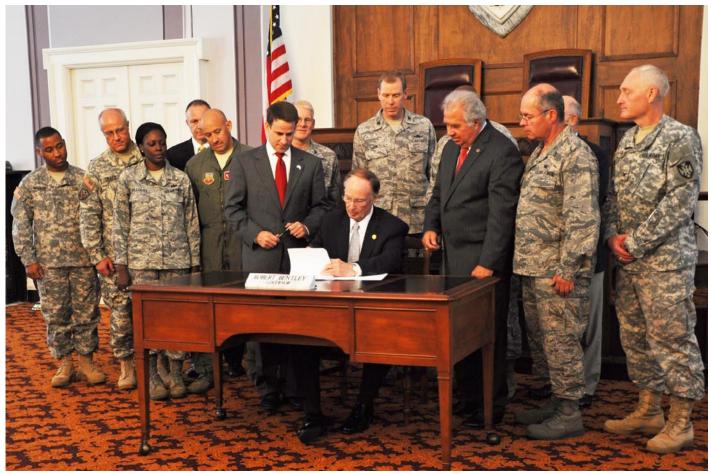
ON THE COVER >> 187 FW members pause to recognize the former members of the unit whom have died within recent years. The program is coordinated by the Office of Airmen and Family Readiness. (Photo by MSgt Walt Linch)



MAXWELL AFB, Ala. - STRIKE!!! Members of the 187th Fighter Wing gather at the Maxwell Bowling Alley for the Wing's Memorial Bowling Tournament. See more photos at page 6. (*Photo by TSgt Chris Baldwin*)

NEWS FROM THE TOP

Alabama Governer signs state UCMJ



(Photo Courtesy of Alabama National Guard Public Affairs)

MONTGOMERY, Ala., -Alabama National Guard Members gathered to witness as Alabama Governor, Robert Bentley, signed the State Uniformed Code of Military Justice.

The Uniformed Code of Military Justice is the foundation of military law in the United States. It was established by the United States Congress in accordance with the authority given by the United States Constitution in Article I, Section 8, which provides that "The Congress shall have Power . . . To make Rules for the Government and Regulation of the land and naval forces."

The state statute will apply to all members serving within the Alabama National Guard.



HEALTH & WELLNESS



(Stock Photo)

Some time back, my wife fell down and for weeks she complained of having pain in her right leg. After growing tired of dealing with this pain, she finally went to her doctor. This doctor, in turn, referred her to another doctor who finally diagnosed her with a knee problem. After surgery and therapy and another four weeks, she was finally able to put down the cane that was given to her to use during this time. The doctor told my wife, the older one gets the more one is likely to fall and injuries sustained from those falls will normally take longer to heal. Our lives are filled with different falls and suffering, no matter what our age might be. Troubles, injuries, distress, pain, and suffering are all words that most of us have used interchangeably to denote feeling and circumstances that we would rather not face.

We have all heard the adage, "No pain, no gain". There is much truth to this simple saying and the Bible itself says the same thing. Paul affirms we will experience great suffering (Romans 8) only an immeasurably

greater glory can eclipse our present suffering – and that is exactly what will happen.

When Paul says to the Corinthians that his afflictions are for their comfort, he implies that there is purpose in his sufferings. Thou he did not design his own affliction; his affliction was good for the building of the church throughout the ages. This is a sobering thought but also a very comforting one. Every affliction we endure is designed not only for our own good but also so that our testimony will help others. God never wastes the gift of suffering.

"Now I rejoice in my suffering for you, and I am completing in my flesh what is lacking in Christ's afflictions for His body." Col. 1:24. We should all strive to find better ways to utilize our own troubling events and circumstances in a way that shows the love of God to those around us. If we look around, we will see that God always provides us with open doors to minister to those around us and often times those opportunities come through our own struggles in life.

ANTITERRORISM

A Closer Look into the definition of Terrorism

by Col (ret) George R.McCurdy III 187th Fighter Wing Antiterrorism Office

The Department of Defense's definition of Terrorism is "The calculated use of violence or the threat of violence to inculcate fear; intended to coerce or to intimidate governments or societies in the pursuit of goals that are generally political, religious, or ideological."

According to Amy Zaiman, PH.D's article titled What is Terrorism; "Terrorism is distinguished from other acts of violence, and from war, by always having these four characteristics:

- 1. Terrorist violate the rules of modern war fare, established in acts called the Geneva Conventions and Hague Conventions; or they are actors (e.g., sub-state groups) who can't declare war legitimately.
- 2. Its goal is to achieve political change.
 3. Its targets are symbolic of the political issue in question.
- 4. Acts of terror designed to get attention from the public and media.

Although terrorism has existed since ancient times, the word terrorism gained its origin from the Reign of Terror instigated by Macmillien Robespierre dating back to 1793 after the French Revolution. Macimilien Robespierre was one of the twelve heads of the new state and utilized terrorism to kill his enemies with the justification these terrorist actions were necessary to successfully transform the monarchy to a liberal democracy.

Terrorists, as we well know, use religion to justify terrorists acts today but in reality depart from any real religious precepts. For example, according to the article I referenced above, Muhammad Atta, one of the architects of the 9/11 attacks as well as the pilot of the first aircraft to hit the World Trade Center was drinking vodka before he boarded the aircraft.

Alcohol would be strictly off limits for a highly observant Muslim. It is apparent Atta and perhaps a lot of other terrorists are more than orthodox believers

have radically turned violent and manipulate religious concepts for their own evil purposes.

We all clearly understand that terrorist do not play by any rules and want to destroy us so we can never get lax or complacent. We must continuously remain alert and immediately report suspicious activity. If anything looks strange, it probably is. Report any suspicious activity by calling our BDOC which is open 24X7 at 394-7277.

EAGLE EYES! EAGLE EYES! EAGLE EYES!



187th Fighter Wing Memorial Bowling Tournament





187th Fighter Wing Guardsmen spent the Saturday following May UTA Bowling during the wing's memorial bowling tournament at the Maxwell Bowling Alley.



Photos by TSgt. Chris Baldwin

Wing Street Beat Team asks: "How do you stay Fight to Fight?"
Interviews by: TSgt Monique Randall

Photos by: TSgt Chris Baldwin 187th Fighter Wing Public Affairs





"I stay fit to fight by working out 3 to 4 days out of a week bymincorporating resistance training with cardio and aerobic training. I also monitor my meals and my portion sizes, get plenty of rest and keep a positive outlook on everything"

TSgt Todrick Burks
187 LRS/LGRMSS



"I work out six days a week, eat six meals a day with a mixture of protein and carbohydrates. I'm a personal trainer so I like to train my clients the way I work out. In preparation for my fitness test I do cardio four times a week for 45 minutes."

SSgt Ryan Shell 187 CEF/CEF



"I work out and run every day for 15 to 20 minutes regardless of the pace. I do pushups and sit-ups every night. I try to do at least 100 pushups and sit-ups every night before bed. I have been doing that for the last 5 to 6 years."

SrA Cory Smith 187 FW/CES



"SMSgt Billings leads a abs class twice a week on Wednesdays and Fridays I go to that and I also do it on my own one day a week. A few of us go running on Tuesdays and Thursdays, we run up the hill and back going over the distance the test requires us to do. Beyond that I just made a few changes in my diet. Once you get used to it you want to maintain that because it makes you feel better and once you go out there for your test you know you can do it."

SSgt Wendy Smith 187 FM/FMFP



"I play soft ball, run and exercise on a regular basis." SSgt Corey Burnette 187 LRS/LGRVM



VISION

The vision of the 187th Fighter Wing Retention Office is to ensure the right people are in the right job at the right time. Utilization of retention resources will enable the retention team to retain qualified ANG members within the force structure which in turn will assist the Alabama Air National Guard's effort to meet and/or exceed its ANG mission.

<u>MISSION</u>

The mission of the 187th The mission of the 187th Fighter Wing Retention Office is to utilize all retention resources in motivating and guiding all members toward their full potential in the Alabama Air National Guard. Utilization of these resources will result in an outstanding performance and identify and eliminate career irritants.

Direct recruiting and re-tention inquiries to MSgt Stan Krasinski at stan. krasinski@ang.af.mil or call 334.394.7375

Time For A Change: New Gas Mask Introduced



What change you ask? A change that one day just might save your life! Let me introduce the Joint Service General Purpose M50 Mask (JS-GPM). This mask is designed to provide 24 hours continuous head-eye-respiratory Chemical/Biological, radiological particulates, and Toxic Industrial Chemical protection and improve overall mission performance of the warfighter. WHAT! In other words, this "NEW" mask is going to

save your life if or when you have to use it.

Now, to give you an idea on how this "NEW" mask is going to do all that. The M50 is configured to reduce the overall profile of the mask and to improve integration with warfighter systems. Basic components of the mask system (Yes,I said system) are the mask carrier, individual equipment carrier bag, facepiece assembly, clear outsert assembly, M61 filters, waterproofing bag, water canteen cap, drink coupler, faceform (a white piece of plastic you DON'T throw-away) and operator cards. The M50 is designed to be worn and interface with the integral hood of the Lint Service Integrated Suit Technology (ISLIST) arguments. Joint Service Integrated Suit Technology (JSLIST) ensemble as a complete encapsulated system to protect the wearer. Now you know why we made you give-up your old NBC suits. This mask feels better on your face, not near as heavy as the old Mickey "2's" and does not have that

tendency to fog-up like the old mask.
We (Supply) will be sending out schedules of times and places that
187th Fighter Wing personnel can be issued their M50 mask system. It is very important for you to remember that it is a one-for-one swap-out and you MUST turn-in your own mask & carrier, not your buddies'. You will be required to sign for your new mask system on a AF Form 1297, please make sure everything you are signing for is listed on the form. You are responsible for the up-keep of the mask and replacement cost if

lost or stolen. Don't be that guy or gal!
Bottom line here is, it was "Time for a Change". With our ever-changing missions and being incorporated into our sister-services way of doing business this new mask will ensure our success in any endeavor that we are task to accomplish. Fly, Flight, and Win!

AIRMAN'S CREED

I am an American Airman, I am a Warrior: I have answered my nation's call. I am an American Airman. My mission is to fly, fight and wins I am faithful to a proud heritage, A tradition of honor, And a legacy of valor. I am an American Airman, guardian of freedom and justice, My nation's sword and shield, Its sentry and avenger. I defend my country with my life. I am an American Airman; Wingman, leader, warrior. I will never leave an Airman behind, I will never falter and I will not fail.

Photo by Tech. Sgt. Chris Baldwin



187th Fighter Wing Honors Former Fellow Warriors









AIR FORCE/ NATIONAL GUARD NEWS

187th LRS Air Transportation Office is latest addition to Wing

The 187th Logistics Readiness Squadron Air Transportation Office:

Plans, organizes, directs, coordinates, and controls air transportation activities.

Determines and justifies personnel, equipment, and facilities required to accomplish air transportation functions.

Supplements policies, directs personnel, and establishes procedures to process, load, document, and report passengers and cargo transported by air.

Develops procedures for handling special category passengers.

Enforces safety and security measures.

Determines and implements necessary safety and security precautions for handling and storing dangerous materials, special cargoes, mail, and baggage.

Plans and manages fleet service activities to provide cleaning, lavatory servicing, and meal delivery on aircraft. Supervises forklift and aircraft loading equipment use for passenger and cargo loading and unloading operations.

Inspects airlift activities for compliance and recommendscorrective action. Conducts personnel and equipment management surveys, and provides technical assistance as required.

Provides the Department of Defense a capability to

move air passengers worldwide.

Offers customers information on flight schedules, routes, air movement requirements, baggage limitations, and specifics on local facilities. Performs procedures to check in, process, schedule, transport, and escort passengers to and from aircraft.

Ensures all passenger border clearance requirements

have been met.

Operates terminal security equipment and conducts passenger and baggage security inspections.

Reviews passenger travel authorizations for validity and accuracy.

Applies common user and international tariff rates, collects fares, and accounts for documents and monies. Uses computer systems to provide in-transit visibility and to document passenger movement operations. Provides the Department of Defense a capability to

move air cargo worldwide.

Verifies eligibility of cargo offered for airlift. Ensures all cargo documentation, packaging, labeling and marking requirements, and border clearance requirements have been met.

Determines quantity and type of cargo to be loaded according to allowable aircraft cabin load.

Selects, assembles, palletizes, and transports cargo loads to and from aircraft and storage areas.

Checks cargo against manifests and annotates shipment overages, shortages, or damages.

Secures cargo with appropriate restraint equipment.

Exercises necessary safety and security precautions in handling and storing hazardous or special cargoes and mail.

Uses computer systems to provide in-transit visibility and to document cargo movement operations.

Performs command and control and fleet service functions.

Prepares, completes, and maintains air movements records, documents, and reports.

Prepares and maintains travel forms and weight and balance records.

Preplans and computes aircraft load distribution.

The office, which is located in the 187th Logistics Readiness Squadron Vehicle Maintenance Complex, Bldg 1409, Room 9, will be offering regularly scheduled training for areas of deployment training to include Cargo Prep/Pallet and Pallet Build Up. Increment Monitor training and several other areas in the CDF and PDF process will also be available. Your Unit Deployment Manager (UDM) can assist with scheduling the training.

187th LRS Air Transportation Office members are MSGT Carolyn Carlsen, Carolyn.Carlsen@ang.af.mil, and SrA Avery Warhurst, Avery.Warhurst@ang.af.mil, DSN: 358-9484, COM: 334-394-7484



TOUCH & GOS

2012 UTA SCHEDULE

January 7-8	May 19-20	September 15-16
February 2-5	June 9-10	October 20-21
March 3-4	July 14-15	November None
April 14-15	August None	December 1-2

^{*} Denotes changes released by the commander on 27 Jan 2012

DATES TO REMEMBER

June 9 187 FW Dining Out (Embassy Suites)

SPEAKERS' BUREAU

Interested in joining the Alabama National Guard Speakers' Bureau? Contact 187 FW/PA for additional details at (334) 394-7157.

ANCILLARY TRAINING

Mass Ancillary training will be held in Polifkca Hall on June 10. All members of the 187 FW are required to attend.

NEW BASE NUMBERS

Many base numbers have changed in the last few months, please check your directory before dialing.

CHAPEL SERVICE

Chapel Service will be held, Sunday, Jun. 15, 0830, in the Wing Conference Room. Contact the Chaplain's Office for additional information.

CONSIDER JOINING THE NATIONAL GUARD ASSOCIATION OF ALABAMA

Are you a member of the National Guard Association of Alabama? The mission of the National Guard Association of Alabama is to promote the homeland of America by insuring the Alabama Army and Air National Guard has the necessary personnel, equipment, and infrastructure to carry out assigned missions.

In addition, the National Guard Association of Alabama:

- * Educates the public with regard to the role of the Army and Air National Guard in homeland security and homeland defense
- * Promotes the welfare of individual Guardpersons
- * Aids the Alabama State Military Department in acquisition and modernization of equipment
- * Provides communication with the business community to improve understanding and support of the mission of the National Guard
- * Works in conjunction with the National Guard Association of the United States to accomplish its mission

For more information visit: http://www.ngaal.com. Support the organizations that support YOU!