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IN FORMATION

187th Fighter Wing

Vol. 1, No. 4 April 2012

MONTH
OF THE
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U.S. AIR FORCE



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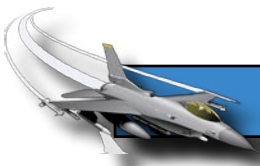
Submission deadline for the May 2012 publication is April 25. Articles must be submitted electronically to 187FW.PA@ang.af.mil. For more information, contact Public Affairs at (334) 394-7157.

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ON THE COVER >> *Each April, Americans pause to recognize the nation's 1.8 million military children during the Month of the Military Child for their contributions to their families' well-being and sacrifices on behalf of the nation.*



KEY WEST, Fla - F-16s from the 187th Fighter Wing are lined up and ready to go in support of F-22 training from 16 - 31 March 2012. Read more at *page 3*. (Photo by TSgt Jeff Foster)



Panetta Vows to Continue Fighting Sexual Assault in Military



WASHINGTON, April 13, 2012 – With the release of an annual report today on sexual assault in the military, Defense Secretary Leon E. Panetta vowed to continue fighting to stamp out the crime among service members.

DOD officials delivered the Report on Sexual Assault in the Military to the House and Senate armed service committees today. The report noted there were 3,192 reports of sexual assault in fiscal 2011 compared with 3,158 in fiscal 2010, a one percent increase.

“Sexual assault has no place in this department,” said Defense Secretary Leon Panetta in a press release on the report. “It is an affront to the basic American values we defend, and to the good honor of our service members and their families.”

Countering sexual assault has been one of the secretary’s top priorities since taking office last year. Panetta wants all members of the department “to do everything we can to reduce and prevent sexual assault, to make victims of sexual assault feel secure enough to report this crime without fear of retribution or harm to their career, and to hold the perpetrators appropriately accountable.”

The secretary will meet with members of Congress next week to propose new measures to counter sexual assault and give DOD new tools to erase this scourge.

The report details ways the department is working to implement its sexual assault prevention

and response plan. The first step is to institutionalize prevention strategies across the services. DOD looks to influence the knowledge, skills and behaviors of service members to prevent sexual assaults from happening. Officials are looking to training, a social media campaign and posters/commercials to increase awareness and encourage good behaviors.

The strategy also looks to increase the confidence those who have been assaulted have in the reporting process. DOD wants to engender a positive and supportive command climate that encourages people to reports cases of sexual assault. The department also wants to reduce stigma and other barriers that deter reporting.

The report also details additional programs, policies and activities that will improve the response to sexual assault. It details the new 24/7 hotline for sexual assault victims and improvements to education for case workers, as well as new exams and health care for victims of sexual assault.

The report also recommends ways to improve service through system accountability. “In fiscal 2011, commanders had sufficient evidence to take disciplinary action against 989 subjects,” the report says. “For the 791 subjects who could be disciplined for a sexual assault offense, 62 percent had courts-martial charges preferred for a sexual assault offense, 24 percent received nonjudicial punishment under Article 15 of the Uniformed Code of Military Justice and 14 percent received a discharge or another adverse administrative action.”

This is a 10 percent increase in courts-martial over fiscal 2010, the report says. The proportion of military subjects against whom commanders decided to take disciplinary action for sexual assault offenses by preferring court-martial charges has increased steadily since fiscal 2007, when only 30 percent of subjects had

charges initiated against them.

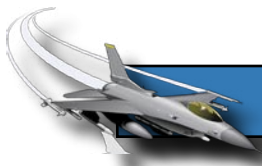
Finally the strategy looks to “improve stakeholder knowledge.” This means reaching out to service members about the sexual abuse prevention and response program. It also means reaching out to the Department of Veterans Affairs and the Defense Advisory Committee on Women in the Services. It further means taking the message of the mission to non-traditional audiences to enlist their support for the effort.

Panetta appointed Air Force Maj. Gen. Mary Kay Hertog to oversee the Sexual Assault Prevention and Response Office. He also directed several new victim-focused policies that have been implemented since the end of fiscal 2011. Among these are expanded legal assistance, expedited transfers for victims of sexual assault and extended retention of forensic examination and investigative reports.

Other initiatives to enhance prevention and response efforts include establishing a sexual assault advocate credentialing and certification program; expanding sexual assault support services to military spouses and adult military dependents; expanding emergency care and support services to DOD civilians stationed abroad and DOD U.S. citizen contractors in combat areas; and increasing funding for investigators and judge advocates to receive additional specialized training.

The department is also assessing how the department trains commanding officers and senior enlisted leaders on sexual assault prevention and response.

“As this report makes clear, we have more work to do to confront this problem,” Panetta said in the release. “There are no easy answers, but that makes it all the more essential for us to devote our energy and our attention to trying to confront this challenging crime.”



(Stock Photo)

The “DPH” Perspective

by LaTonja Sallet, LPC, NCC
187th Fighter Wing Director of Psychological Health

Over the last several months we have heard, read, or talked at length about resilience. A large portion of the discussion hinges on how we might translate the concept of “resilience” into acts where we consistently carry out “resilient” behaviors.

The term resilience has been defined as the ability to thrive, mature, and increase competence in the face of adverse circumstances or the capability of a strained body to recover its size and shape after some type of deformation often experienced in compressively stressful situations. These circumstances may include social, psychological, biological, economical abnormalities or even environmental obstacles and may be chronic and consistent or severe and infrequent.

To thrive, mature, and increase competence, we must draw upon and balance all of our resources: biological, psychological, spiritual, and environmental.

Research psychologist Dr. Martin Seligman and his colleagues at the University of Pennsylvania proposed a strength-based, positive psychological approach can be the key to long-term resilience. They recently completed a study for the US Army’s Comprehensive Soldier Fitness initiative.

Touted as an effort to “teach soldiers skills that will enhance their ability to handle adversity and prevent depression, anxiety, and post traumatic stress, as well as enhance overall well being and performance,” this strategy has stirred much debate among academia. At the heart of the discussion is to what extent and when, if at all, can resilient behaviors be taught.

Though the initiative has lofty expectations, other research does suggest early strength-based interventions can be effective in dealing with trauma. So, if you are still reading you may be asking, how does this apply to me?

Well, it applies to you because resilience, in its many forms, is important to everyone. It’s important because a Comprehensive Airman Fitness initiative is on the horizon. It’s important because without it your survival is in peril. And finally, it’s important because your resilience, or lack of it, affects your Wingman, your family, your community, and ultimately your world.

At the end of each day consider ways you have opportunities to show resilience, make note of and even count them, and then examine how you responded. If you do this you will begin a successful journey into mindful resilience.

There is a Japanese proverb that says “the bamboo that bends is stronger than the oak that resists.”

So, until next time, I wish you a successful bamboo journey!



Defining Cyber Terrorism

by Col (ret) George R. McCurdy III
187th Fighter Wing Antiterrorism Office

Due to the fact the internet is definitely a desired target by terrorists and criminals with ill intents it is important we know the definition of Cyber terrorism. Cyber terrorists want to disrupt the military's ability to carry out necessary mission essential functions via the internet and also criminals try, many times successfully, to steal ones identity to access the victims bank account and other crucial personal business. The multiple definitions below come directly from Wikipedia, The Free Encyclopedia and provides some basic insight into exactly what Cyber terrorism means:

“Cyberterrorism is the use of Internet based attacks in terrorist activities, including acts of deliberate, large-scale disruption of computer networks, especially of personal computers attached to the Internet, by the means of tools such as computer viruses.

Cyberterrorism is a controversial term. Some authors choose a very narrow definition, relating to deployments, by known terrorist organizations, of disruption attacks against information systems for the primary purpose of creating alarm and panic. By this narrow definition, it is difficult to identify any instances of cyberterrorism.

There is much concern from government and media sources about potential damages that could be caused by cyberterrorism, and this has prompted official responses from government.

It is also defined as “The premeditated use of disruptive activities, or the threat thereof, against computers and/or networks, with the intention to cause harm or further social, ideological, religious, political or similar objectives. Or to intimidate any person in furtherance of such objectives.” The term was coined by Barry C. Collin.

The National Conference of State Legislatures, an organization of legislators created to help policymakers issues such as economy and homeland security defines cyberterrorism as:

[T]he use of information technology by terrorist groups and individuals to further their agenda. This can include use of information technology to organize and execute attacks against networks, computer systems and telecommunications infrastructures, or for exchanging information or making threats

electronically. Examples are hacking into computer systems, introducing viruses to vulnerable networks, web site defacing, denial-of-service attacks, or terrorist threats made via electronic communication. For the use of the Internet by terrorist groups for organization, see Internet and terrorism.

Cyberterrorism can also include attacks on Internet business, but when this is done for economic motivations rather than ideological, it is typically regarded as cybercrime.

As shown above, there are multiple definitions of cyber terrorism and most are overly broad. There is controversy concerning overuse of the term and hyperbole in the media and by security vendors trying to sell “solutions.”

Proper use of the computer and reporting any suspected computer hacking or virus to the help desk (394-7428) is absolutely essential in the fight against Cyber terrorism. Additionally you are a vital part of the Global War on Terrorism therefore report any suspicious activity to our BDOC at 394-7277



U.S. AIR FORCE

EagleEyes

WATCH.REPORT.PROTECT.



AROUND THE PATTERN

Alabama Guardsmen visit ANG Headquarters

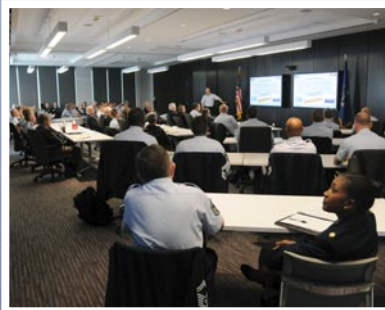
Approximately 20 members of the 187th Fighter Wing and surrounding geographically separated units traveled to Washington, DC to visit the Air National Guard Headquarters on Joint Base Andrews from March 6-8, 2012. The trip was taken in concert with the 117th Air Refueling Wing out of Birmingham, aboard a KC-135.

The Alabama Air National Guard Adjutant General, Maj Gen Perry Smith and Maj Gen. Paul Brown, The

Alabama Air National Guard Adjutant General, also participated in the briefing.

Alabama Guardsman had the opportunity to meet with their higher headquarters counterparts and hear first hand about professional development opportunities available beyond the Alabama Air National Guard. A diversity briefing was also presented to the group.

(Courtesy of 187th Fighter Wing Public Affairs Office)



(Briefing Photos by MSgt. Ken Johnson, 117 ARW/PA)



The 187th Fighter Wing Commander and Vice Commanders are captured from the window of a 117 ARW KC-135 en route to Washington, DC on March 6, 2012 *(Photo by Maj. Clare Reed)*



AROUND THE PATTERN

Join the NonCommissioned Officer Academy Graduate Association



The Noncommissioned Officer Academy Graduate Association (NCOAGA) is looking for Airman of all grades to grow their ranks. The NCOAGA is an organization made up of Airman like yourself whose primary focus is to promote, help prepare for, and support enlisted professional military education with an in-residence emphasis.

Additionally we like to further develop our Airman by instilling pride and esprit de corps through AF Core Values, customs/courtesies/traditions and patriotism through community involvement.

We support and participate in base and community events such as: Annual Angel Tree Project, Wing Dining In and Dining Out, as well as a number of other activities; all of which require broad support from our fellow Airman.

Being a part of a motivated team that helps others and recognizes their hard work has many other advantages. It's a good way to meet your peers on base and benefit from their vast and varied experience.

Come join us for free the first year with a \$20 annual fee thereafter. Interested parties should contact MSgt Sally Murphy or TSgt Akilah Dale at 334.394-7034 for further information.

**Holocaust
Remembrance
Day
19 April 2012**

**Days of
Remembrance
15-22 April 2012**

**HOLOCAUST
REMEMBRANCE
DAY**



AROUND THE PATTERN



VISION

The vision of the 187th Fighter Wing Retention Office is to ensure the right people are in the right job at the right time. Utilization of retention resources will enable the retention team to retain qualified ANG members within the force structure which in turn will assist the Alabama Air National Guard's effort to meet and/or exceed its ANG mission.

MISSION

The mission of the 187th Fighter Wing Retention Office is to utilize all retention resources in motivating and guiding all members toward their full potential in the Alabama Air National Guard. Utilization of these resources will result in an outstanding performance and identify and eliminate career irritants.

Direct recruiting and retention inquiries to MSgt Stan Krasinski at stan.krasinski@ang.af.mil or call 334.394.7375

187th Fighter Wing Outstanding Airmen of the Quarter (4th Quarter 2011)

Airman

A1C Lance Williamson
187th Aircraft Maintenance Squadron

NCO

SSgt Jeffrey Locke
187th Medical Squadron

Senior NCO

MSgt Mataya Williams
187th Fighter Wing



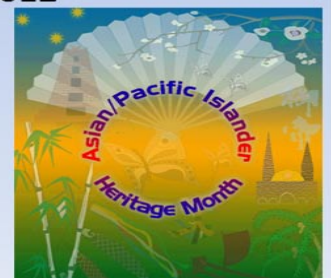
Asian Pacific Islander Heritage Month Observance 2012

Come celebrate Asian Pacific Islander Heritage Month
at the 31st Chemical Brigade
presented by the Special Emphasis Program Committee
on **Wednesday, 2 May 2012**

1130 – 1300

Schedule of events include:

- Guest speaker Dr. Elizabeth Cooper, Nutritional Anthropologist, University of Alabama
- Taekwondo demonstration by Tiger Rock Martial Arts International
- Sampling of Asian Pacific Islander cuisine





AIRMAN'S CREED

*I am an American Airman,
I am a Warrior;
I have answered my nation's call.*

*I am an American Airman.
My mission is to fly, fight and win.
I am faithful to a proud heritage,
A tradition of honor,
And a legacy of valor.*

*I am an American Airman,
guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman;
Wingman, leader, warrior.
I will never leave an Airman behind,
I will never falter
and I will not fail.*

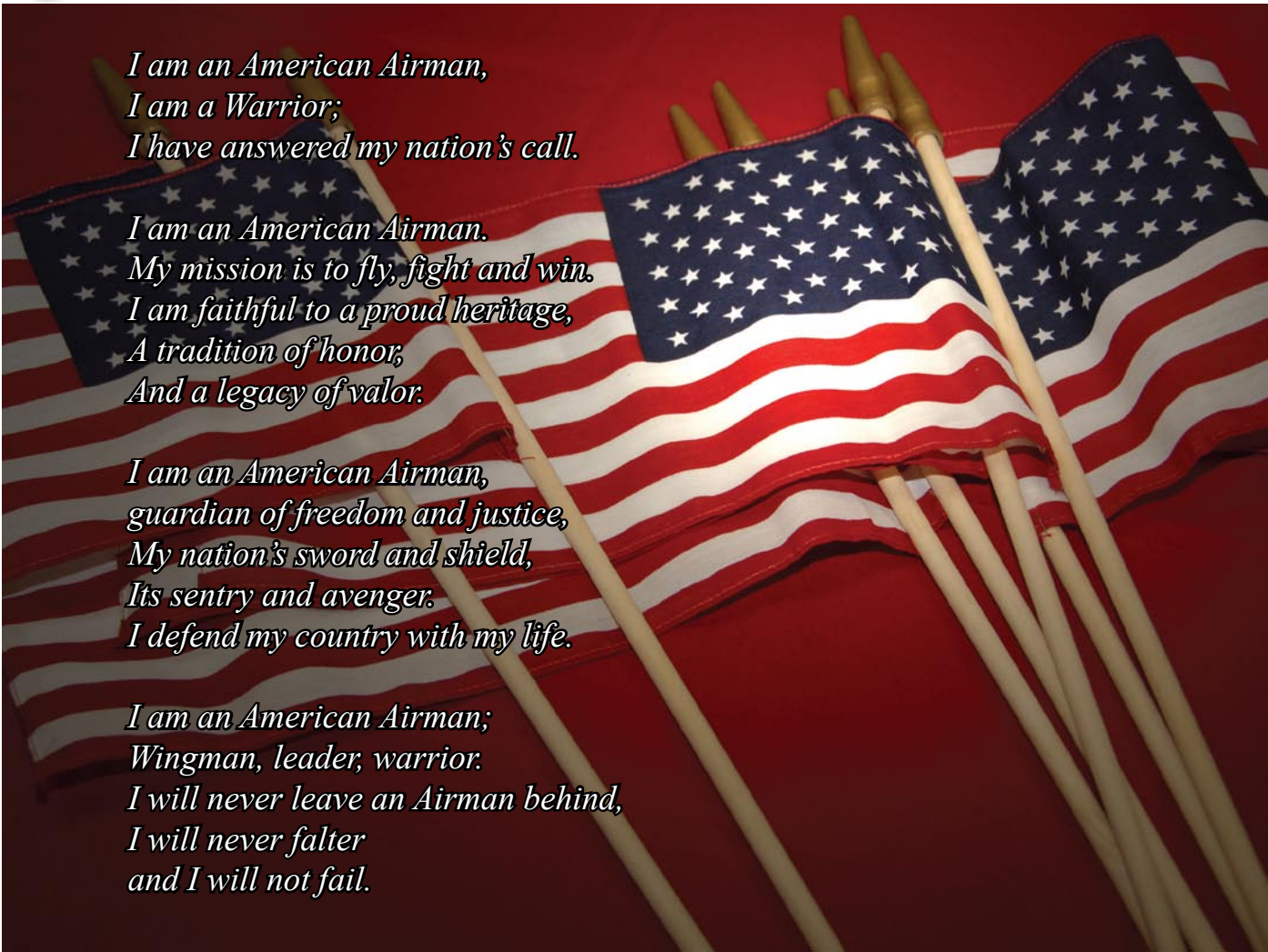


Photo by Tech. Sgt. Chris Baldwin

187TH FIGHTER WING *Dining Out*

**RESCHEDULED FOR
SATURDAY, JUNE 9, 2012**

6:30 P.M.

**EMBASSY SUITES HOTEL
300 TALLAPOOSA ST**

UNIT POCS

MDG - CAPT THOMAS

MSG - LT RIZZO & LT SANDERS

MXG - LT DALEY & LT MERIWEATHER

OG - LT CLENDENIN

FW - CAPT ROBERTS & LT PRUITT



SMSGT & UP - \$60

TSGT & MSGT - \$50

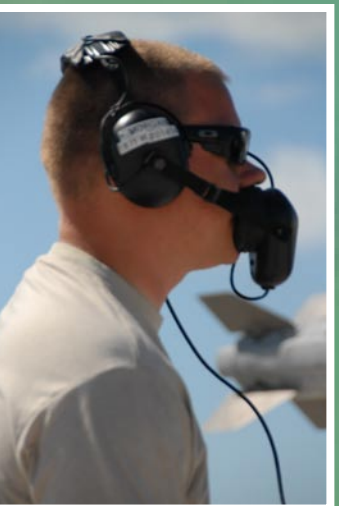
AB - SSGT - \$40

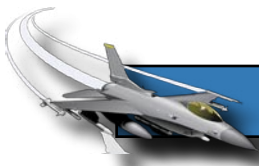
**ACCEPTING CASH OR CHECKS
(PAYABLE TO 187 FW EVENT FUND)**



AROUND THE PATTERN

187 FW provides F-22 Support in Key West





COMMUNITY COLLEGE OF THE AIR FORCE SENIOR ENLISTED LEADER UPDATE



March 2012



*The Community College of the Air Force
Celebrates 40 years!*

Since its establishment on 1 April 1972 by the Air Training Command, the CCAF system has been supporting the Enlisted Force by offering and awarding job-related associate in applied science degrees and other academic credentials.

CCAF has undergone many changes over the last 40 years: personnel and budget reductions, the incorporation of new technologies to improve our operational efficiency, the development of new degree programs to accommodate cutting edge technical training and Air Force Specialty Codes, new certification and credentialing opportunities, increased participation by our sister services, and-most recently-an opportunity for our separated/retired Wounded Warriors to continue pursuit of their CCAF degree.

CCAF is planning a number of activities throughout the year to celebrate this historical event. We will keep you posted with updates and further details via our website & Facebook as they become available. I encourage your participation in helping us make this a particularly memorable year for CCAF. Again, thank you all for your continued support of CCAF and our United States Airmen.

<http://www.au.af.mil/au/ccaf>
<http://www.facebook.com/ccaffb>

Enlisted Education Talking Points

CCAF Degrees Awarded

2011 Apr/Oct classes earned 18,474 diplomas

Top 3 Degree Programs

Aviation Maintenance Technology – 1,838
Instructor of Technology and Military Science – 1,520
Criminal Justice – 1,407

Certifications Awarded

Professional Manager Certification = 4,727
Occupational Instructor Certification (OIC) = 17,750*
CCAF Instructor Certification Level I = 1,508
CCAF Instructor Certification Level II = 815
CCAF Instructor Certification Level III = 109
Instructional Systems Design = 144
Airframe & Powerplant Program = 110 graduates

* - OIC replaced by CCAF Instructor Certification 1 Jan 2011

Total Force Degree Data

	Growth	No Change	Decline
AMN Tier (E1 – E4)			
AA/AS/AAS	4.0%	3.4%	2.0%
BS	2.9%	3.2%	2.4%
MA/MS/PhD	.04%	.2%	.1%
TOTAL DEGREES	6.9%	6.8%	4.5%
NCO Tier (E5 – E6)			
AA/AS/AAS	29.0%	21.2%	16.2%
BA/BS	5.0%	8.6%	6.7%
MA/MS/PhD	.7%	1.2%	.9%
TOTAL DEGREES	34.7%	31.1%	23.9%
SNCO Tier (E7 – E9)			
AA/AS/AAS	52.0%	26.2%	20.5%
BA/BS	21.1%	18.8%	13.7%
MA/MS/PhD	5.9%	5.2%	2.6%
TOTAL DEGREES	79.0%	50.2%	36.9%

AFPC IDEAS – 1 Mar 2012

CCAF Degree Data by Component & Rank

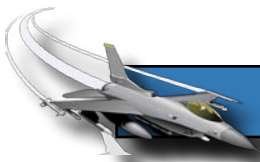
CCAF DEGREES	AD	AFRC	ANG	Total
All Enlisted	25.7%	21.1%	15.7%	22.8%
Top 5 (E5 – E9)	43.7%	31.2%	21.6%	36.1%
Top 3 (E7 – E9)	78.1%	41.9%	27.9%	55.0%

	AB			
AD	.5%	.1%	.5%	5.2%
ANG	0%	0%	.1%	2.4%
AFRC	.1%	0%	.2%	3.1%

AD	25.2%	46.5%
ANG	14.7%	22.1%
AFRC	21.2%	28.9%

AD	72.3%	99.4%	99.4%
ANG	26.3%	32.2%	31.1%
AFRC	38.0%	48.5%	55.1%

Question: Contact CMSgt James Pepin, DSN 749-5150



TOUCH & GOS

2012 UTA SCHEDULE

January 7-8	<i>May 19-20</i>	September 15-16
February 2-5	<i>June 9-10</i>	October 20-21
March 3-4	July 14-15	November 3-4
April 14-15	August None	December 1-2

** Denotes changes released by the commander on 27 Jan 2012*

DATES TO REMEMBER

April 19	Holocaust Remembrance Day
April 15-22	Days of Remembrance
May 19	187 FW Bowling Tournament
June 9	187 FW Dining Out (Embassy Suites)

SPEAKERS' BUREAU

Interested in joining the Alabama National Guard Speakers' Bureau? Contact 187 FW/PA for additional details at (334) 394-7157.

MEMORIAL SERVICE

A Memorial Service will be held to honor former members of the 187 FW than have passed on, Wednesday, 23 May at 1600 at the Base Memorial..

NEW BASE NUMBERS

Many base numbers have changed in the last few months, please check your directory before dialing.

CHAPEL SERVICE

Chapel Service will be held, Sunday, Apr. 15, 0730, in Hooper Lodge. Contact the Chaplain's Office for additional information.

CONSIDER JOINING THE NATIONAL GUARD ASSOCIATION OF ALABAMA

Are you a member of the National Guard Association of Alabama? The mission of the National Guard Association of Alabama is to promote the homeland of America by insuring the Alabama Army and Air National Guard has the necessary personnel, equipment, and infrastructure to carry out assigned missions.

In addition, the National Guard Association of Alabama:

- * Educates the public with regard to the role of the Army and Air National Guard in homeland security and homeland defense
- * Promotes the welfare of individual Guardpersons
- * Aids the Alabama State Military Department in acquisition and modernization of equipment
- * Provides communication with the business community to improve understanding and support of the mission of the National Guard
- * Works in conjunction with the National Guard Association of the United States to accomplish its mission

For more information visit: <http://www.ngaal.com>. Support the organizations that support YOU!