

# INFORMATION

187th Fighter Wing

Vol. 4, No. 7 July 2015



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187th Fighter Wing Commander **Col. Randal Efferson**  
 187th Fighter Wing Vice Commander **Col. William Sparrow**  
 187th Fighter Wing Command Chief **Chief Master Sgt. Lindsey McCall**

Chief of Public Affairs **Lt. Col. Clare Reed**  
 Public Affairs Officer **Capt. Amy Rittberger**

Photojournalist **Tech. Sgt. Chris Baldwin**  
 Photojournalist **Tech. Sgt. Matthew Garrett**  
 Videojournalist **Tech. Sgt. Monique Randall**



**ON THE COVER >>**  
*Sunrise on Dannelly Field.*

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**Bricks:**  
 These beautiful, engraved commemorative clay brick pavers can be purchased for \$30.00.

**Size:**  
 (4"X8")

**Installation:**  
 Bricks will be ordered when a minimum of 100 brick orders are pending. The bricks will be installed and placed at Memorial Park.

**Personalization:**  
 Bricks have a three line maximum; with no more than 18 uppercase letters per line, including spaces and punctuation. Finished bricks will be centered. Please use proper rank. No logos or graphics.

**\*Please make checks payable to:**  
 1SGT Council

# "Honor Your Hero"

Purchase a  
**187th Fighter Wing Commemorative Brick.**

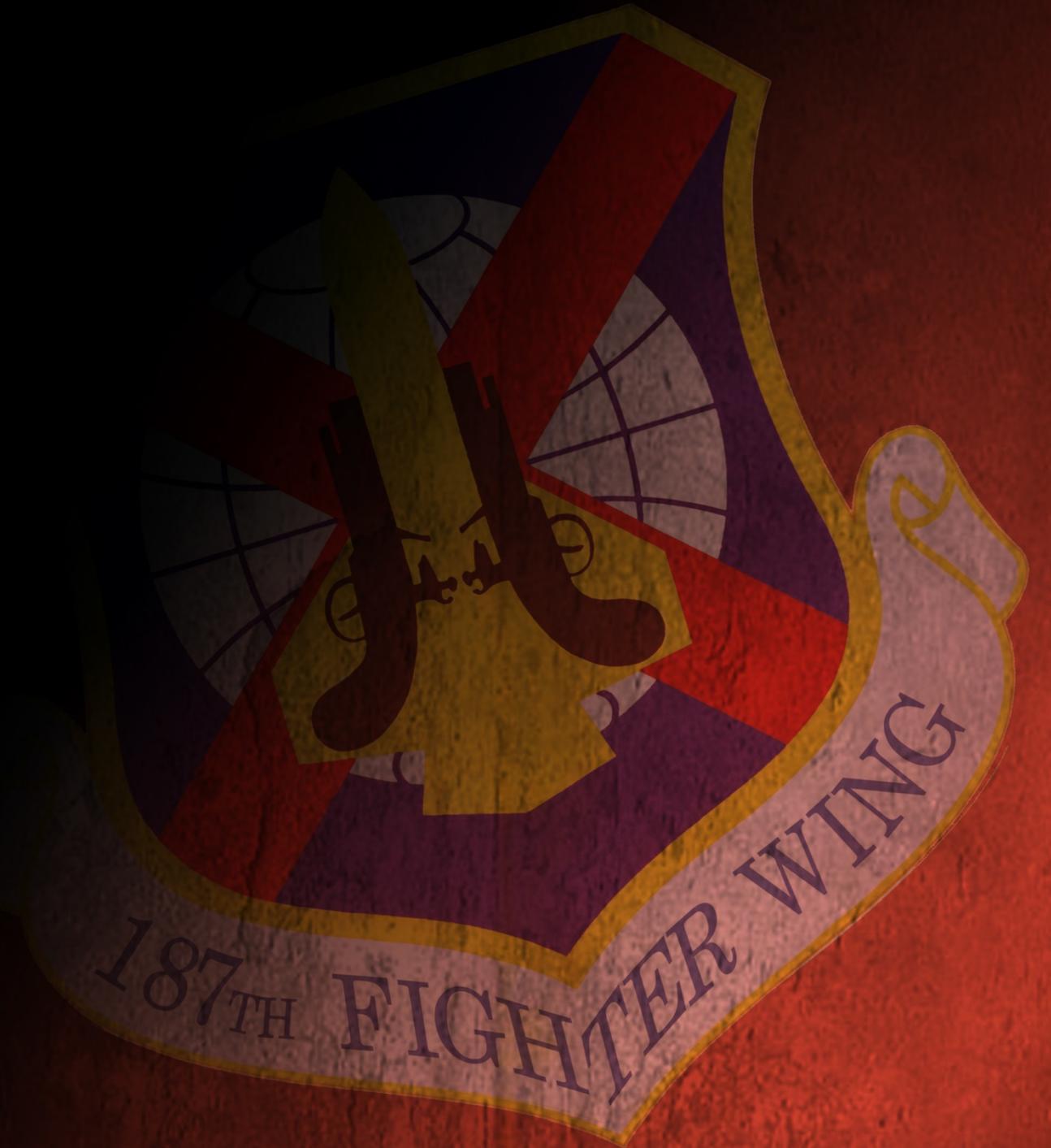


**You may pay via paypal by visiting the website :**  
<http://www.187fw1sgt.donationbricks.com>

**This fundraiser was initiated by the 1SGT Council to raise monies for wing morale events. It is an excellent way to recognize a devoted career, to honor service, or acknowledge the dedication and support of families and family members.**

*Submission deadline for the August 2015 publication is July 31st . Articles must be submitted electronically to [187FW.PA@ang.af.mil](mailto:187FW.PA@ang.af.mil) or [187fw.pa@gmail.com](mailto:187fw.pa@gmail.com). For more information, contact Public Affairs at (334) 394-7157.*

July is...





# AROUND THE PATTERN

## **Pilots receives Outstanding Aircrew award**

by: Tech. Sgt. Chris Baldwin – [christopher.baldwin@ang.af.mil](mailto:christopher.baldwin@ang.af.mil)  
187th Fighter Wing Public Affairs

Two members of the 187th Fighter Wing, Maj. Richard Peace and 1st Lt. Jeffrey Witt, F-16 Fighting Falcon pilots assigned to the 100th Fighter Squadron, were awarded the Air Force Central Command Outstanding Aircrew Award while deployed to Bagram, Afghanistan in 2014.

In early September, Peace and Witt were providing air support for American ground troops during routine nighttime combat operations outside the town of Ghazni, Afghanistan. Peace and Witt were circling over a Forward Operating Base (FOB) while providing over-watch for a returning convoy. During a 30-degree turn, Peace’s cockpit avionics system malfunctioned. A failure in the aircraft’s Embedded Global Positioning System Internal Navigation Unit and Fire Control Computer caused other integrated components to malfunction.

The aircraft had an electrical surge which rebooted the avionics’ system and left all the avionics frozen at their last known position. Even though Peace was flying straight and level, his aircraft displays all remained frozen in a 30-degree turn. Peace attempted to restore his avionics by turning off and on his electrical system, but this proved unsuccessful.

Using the radio, Peace contacted Witt, who was seven miles away, and ordered his wingman to return and provide visual support.

“Nighttime can be an issue because sometimes ground and sky are both as black as the other, or ground lights and stars blend in together” said Witt.

While en route to rejoin Peace, Witt was flying towards his last known position. Because of Peace’s system malfunction his aircraft was transmitting incorrect locational data. Using night-vision goggles, Peace and Witt were able to use the FOB as a geographic reference point to locate one another.

As acting flight lead, Witt declared an in-flight emergency and safely led the disabled aircraft through the hazardous mountain terrain back to Bagram. As they were approaching Bagram’s runway, Witt performed a formation approach to help ensure a safe landing by flying directly beside Peace’s aircraft. Without the help of any aircraft avionics instruments, Peace safety and successfully landed his aircraft.

“At the time, it didn’t feel like we did anything that extraordinary. It was just kind of another night in combat” said Peace.





# AROUND THE PATTERN

## **What in the World is Psychological First Aid!?**

By: LaTonja Reynolds – [latonja.reynolds@ang.af.mil](mailto:latonja.reynolds@ang.af.mil)

187th Fighter Wing Director of Psychological Health

Actually, it consists of a lot of things that are common sense that we can use to support those in distress, but that we can forget in the middle of or just after a crisis. Over the next few months I hope to help you get more familiar with what it is and how to do it. So, for now, here are a few pointers:

### Objectives:

- Human connection
- Immediate & ongoing safety
- Calm & orient emotionally overwhelmed
- Help those needing assistance tell what highest priority is
- Offer practical assistance & information
- Connect with social supports ASAP
- Support adaptive coping
- Provide clarity on what is/is not known

### Where Is it Done:

- Field hospitals/medical triage; Staging areas; Respite centers; Emergency operations centers; Feeding locations; Disaster assistance service centers
- Stabilizing Those in Distress:
- Respect the person's privacy
- Remain calm, quiet, and present
- Stand close by
- Offer support
- Give information you know, but don't speculate
- When the Person is Extremely Agitated: **Rush of speech, losing touch with surroundings, or experiencing ongoing, intense crying**

- Find out: if he/she knows who he/she is, where he/she is, and what is happening
- Ask him/her to describe the surroundings, and say where both of you are

### Personal Balance is Imperative:

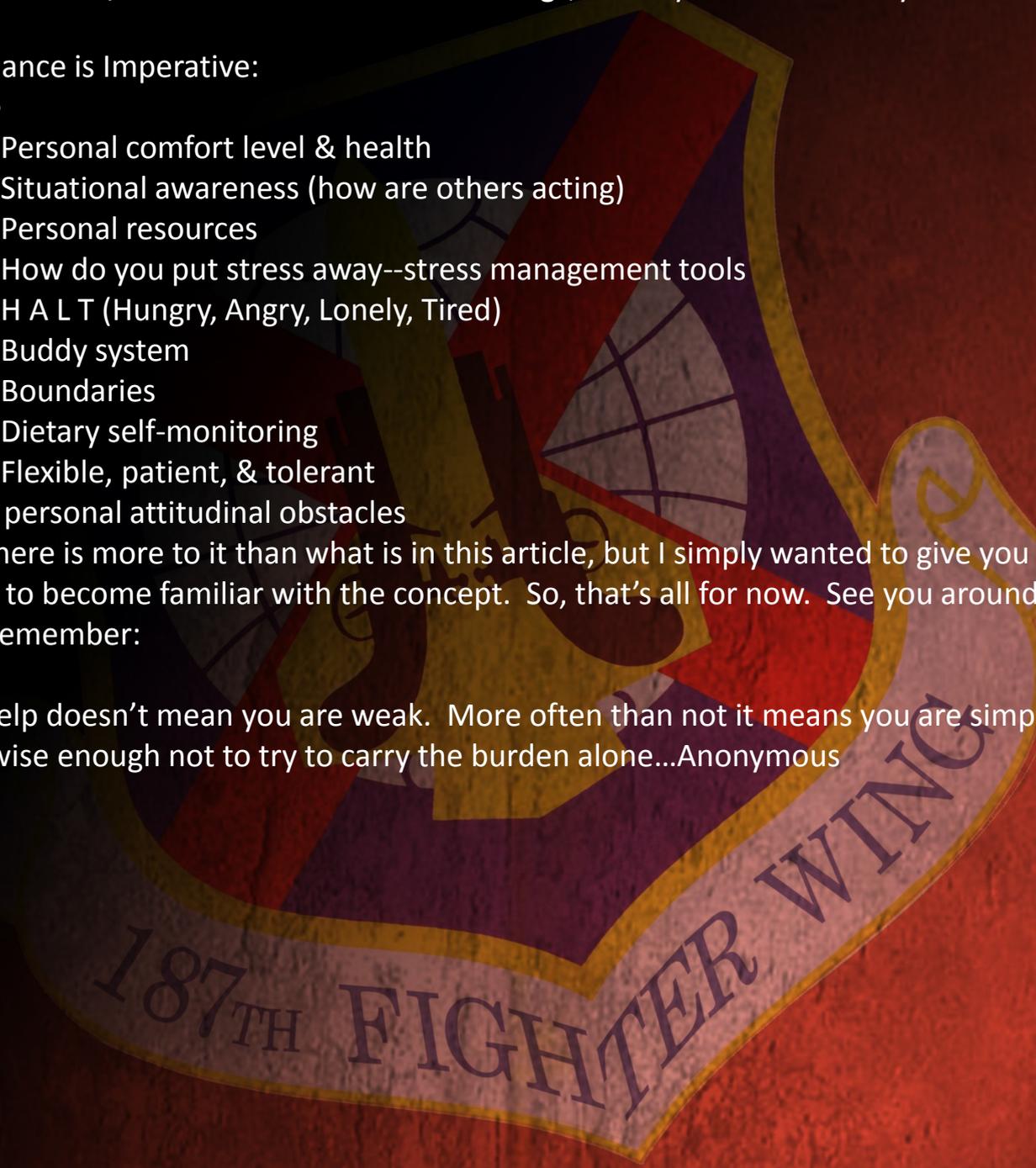
#### ❖ Self care

- Personal comfort level & health
- Situational awareness (how are others acting)
- Personal resources
- How do you put stress away--stress management tools
- H A L T (Hungry, Angry, Lonely, Tired)
- Buddy system
- Boundaries
- Dietary self-monitoring
- Flexible, patient, & tolerant

#### ❖ Manage personal attitudinal obstacles

Of course, there is more to it than what is in this article, but I simply wanted to give you an opportunity to become familiar with the concept. So, that's all for now. See you around the base! And remember:

Asking for help doesn't mean you are weak. More often than not it means you are simply strong and wise enough not to try to carry the burden alone...Anonymous





Airman First Class Toi Stone of the 187th Civil Engineer Squadron cuts down a tree June 25, 2015 at Dannelly Field Air National Guard Base, Ala. (Photo by Tech. Sgt. Matthew Garrett)

# CHAPLAIN'S CORNER



## FAMILY RETREAT

by Master Sgt. Robin Bell, Chaplain Assistant

The 187th Fighter Wing Chaplains office, in conjunction with Family Readiness and the Department of Psychological Health, recently sponsored an Air National Guard Strong Bonds event June 26 through 28 at the 4-H Center in Columbiana, Ala.

The location provided a beautiful backdrop for families to get away to a tranquil environment, bond and have a good time. The experience proved to be fruitful, as well as fun, for 18 families from the 187FW and other units.

The training utilized a curriculum that focused on communication and building better relationships within the family structure. Children and young teens took the forefront in discussing topics such as conflict resolution, managing feelings, team-building and respect. The Active Relationships curriculum gave them insight into themselves and others in their family circle in a non-threatening manner.

A good time was had by all. Childcare was provided and the unstructured family time included swimming, canoeing and a little kickball competition between the adults and the kids (they thought they invented this game, but the adults showed 'em). Our prayer is that every family in attendance left a little more aware of their familial values and strengths and a little more willing to work together creating traditions and planning as a team.

We look forward to our next opportunity to fellowship with our families.



187<sup>TH</sup> FIGHTER

# AROUND THE PATTERN

## Officers' Promotion Matrix

Promotion to Grade	Unit Vacancy	Mandatory	Required PME
Colonel / O-6	3 years	Not Applicable	Air War College
Lieutenant Colonel / O-5	4 years	7 years	Air Command & Staff College
Major / O-4	4 years	7 years	Squadron Officer School
Captain / O-3	2 years	3 years	None
1 <sup>st</sup> Lieutenant / O-2	2 years	2 years	None

## Congratulations Alabama Air National Guard Outstanding Airman of the Year!

NCO Category – Tech. Sgt. Jeremy D. Hernandez

First Sergeant Category – Senior Master Sgt. Kristie J. Pomilia

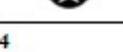
## Congratulations FY 15, 3rd Quarter, Airman of the Quarter award winners!

AMN: Senior Airman Jimmy Tolliver

NCO: Tech. Sgt. William Rus

SNCO: Master Sgt. MSgt Joseph Smith

# Enlisted Promotion Requirement Matrix

R U L E	Promotion to	Required PAFSC	Time in Service (TIS) of at least	Time in Grade (TIG) of at least (Note 5)	Mandatory education requirements	Promotion retainability requirement
1 	E-2 (Amn) Airman	3-skill level	6 months (Note 4)	6 months	Initial Active Duty for Training (IADT)	None
2 	E-3 (A1C) Airman First Class	3-skill level	12 months (1 year) (Note 4)	6 months (Note 6)	IADT	None
3 	E-4 (SrA) Senior Airman	3-skill level	24 months (2 years) (Notes 2 and 4)	12 months (1 year) (Notes 2 and 6)	IADT	None
4 	E-5 (SSgt) Staff Sergeant	5-skill level (or 3-level when no 5-level exists in the AFSC)	48 months (4 years)	24 months (2 years)	ALS (Note 7)	None
5 	E-6 (TSgt) Technical Sergeant	7-skill level	72 months (6 years) (Note 3)	24 months (2 years)	ALS (Note 7)	None
6 	E-7 (MSgt) Master Sergeant	7-skill level	108 months (9 years) (Note 3)	24 months (2 years)	Noncommissioned Officer Academy (NCOA)	AGR – 24 months (2 years) All others – 12 months (1 year)
7 	E-8 (SMSgt) Senior Master Sergeant	7-skill level (Note 1)	156 months (13 years) (Note 3) EPP: 204 months (17 years)	24 months (2 years)	Senior Noncommissioned Officer Academy (SNCOA) (Note 8)	24 months (2 years) EPP – 36 months (3 years)
8 	E-9 (CMSgt) Chief Master Sergeant	9-skill level (Note 1)	204 months (17 years) (Note 3)	24 months (2 years)		24 months (2 years) EPP – 36 months (3 years)
9 	Wounded Warrior (WW2) All Grades (Note 9)	Applicable Skill level for grade to be promoted to (Note 9)	Applicable TIS for grade to be promoted to (Notes 3 and 9)	Applicable TIG for grade to be promoted to (Note 9)	Applicable to the grade to be promoted to (Note 9)	Applicable to grade to be promoted to (Note 9)

### Notes:

- Promotion of the State Recruiting and Retention Superintendent (RRS) will require 9-skill level certification by the commander.
- Effective 1 April 2006, any member accessed into the ANG on or after this date must have 12 months TIG as an A1C (E-3) and 24 months TIS to be promoted to SrA (E-4).
- TIS computations for all promotions will be based on satisfactory years of service for retirement.
- TIS is computed from the date the member enters IADT status. The source document for determining IADT is the TTS order or a completed DD Form 214
- Only satisfactory years of service for retirement will be used to meet TIG requirements.
- TIG is computed from the date the member enters IADT status. The source document for determining IADT is the TTS order or a completed DD Form 214.
- This requirement applies to ANG members enlisted from other branches of the Armed Forces, regardless of the level of PME attained during their prior service.
- Completion of the United States Army Sergeants Major Academy or the United States Navy Senior Enlisted Academy is equivalent to SNCOA.
- Wounded Warrior (WW2) Classification: Although not world-wide qualified and not passing fitness based on their status, those members classified as WW2 are eligible for promotion provided they meet all other mandatory requirements including sole incumbency of a vacant position.

# PT SCORES & FITNESS

## *Fitness Honors*

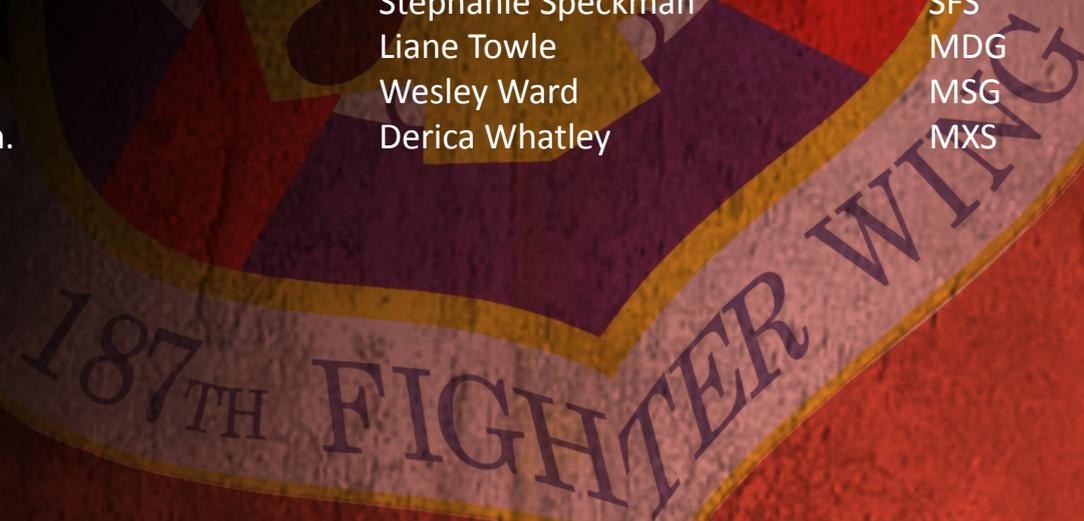
*The following individuals scored a PERFECT 100 or EXCELLENT during last month's Fitness Assessment.*



# CONGRATULATIONS!!!

## EXCELLENTS

Master Sgt.	Jeffery Carter	SFS
Capt	Shawn Daley	OG
Airman 1st Class	John Dansby	MXS
Tech. Sgt.	Kathryn Graham	MSG
Tech. Sgt.	Zachary Greene	AMXS
Staff Sgt.	Demonte Harris	MXS
Staff Sgt.	Cole Hunter	OG
Lt. Col.	Tom Isenberg	OG
Tech. Sgt.	Jeffrey Kozach	495 FW
Staff Sgt.	Christopher Martin	CPTF
Master Sgt.	Paul Meadows	MXS
Master Sgt.	Curtis Miller	SFS
Staff Sgt.	Eric Morris	SFS
Senior Master Sgt.	Kristie Pomilia	FW
Maj.	Courtney Ridner	MDG
Chief Master Sgt.	Steve Russell	MDG
Staff Sgt.	Ryan Shell	CES
Staff Sgt.	Stephanie Speckman	SFS
2nd. Lt.	Liane Towle	MDG
Staff Sgt.	Wesley Ward	MSG
Senior Amn.	Derica Whatley	MXS





# VACANCIES

## *Air National Guard Technician*

<u>POSITION TITLE</u>	<u>ANNC NUMBER</u>	<u>CLOSEOUT DATE</u>
FLIGHT SERVICES SPECIALIST	ALAF15-140	7/12/15
ADMINISTRATIVE OFFICER	ALAF15-141	7/16/15
BUDGET ANALYST	ALAF15-142	7/7/15
SUPERVISORY GENERAL SUPPLY SPECIALIST	ALAF15-143	7/16/15
AIRCRAFT PNEUDRALIC SYSTEMS MECHANIC	ALAF15-146	7/23/15
ELECTRONIC INTERGRATED SYSTEMS MECHANIC	ALAF15-147	7/23/15
ELECTRONIC INTERGRATED SYSTEMS MECHANIC	ALAF15-148	7/24/15

*Click the link below for more available jobs*

<http://alguard.state.al.us/Careers/HRO/jobannouncements/default.aspx>



# RECRUITING & RETENTION

If you are due for reenlistment, please stop by to see Master Sgt. Nathan Burrows, your Retention Office Manager. We can discuss features and benefits that make your continued service more valuable than ever. Among those benefits are:

- Your continued eligibility for GI Bill benefits
- Potential eligibility for Post 9/11 GI Bill benefits
- The Alabama National Guard Educational Assistance Program
- The ability to transfer 9/11 GI Bill benefits to your dependents for their use
- Earning a military retirement
- Earning additional monthly pay
- Continued availability of low-cost health insurance
- The flexibility to change career fields
- The potential to promote and seek leadership positions within the unit
- Continued access to base facilities such as the Base Exchange, Commissary, and gym facilities

Contact Master Sgt. Nathan Burrows, 187th Fighter Wing Recruiting and Retention Manager, at DSN 358-9480, Comm: 334-394-7480, Cell: 334-220-4339

Wing and GSUs members, We need your help! Please refer your qualified family members and friends to one of your five recruiters.

Master Sgt. Word and his team would love to work with your referrals to help them become a member of our great Alabama Air National Guard.

Your five recruiters are:

Master Sgt. Word 334-221-7277

Tech. Sgt. Howard 334-233-1163

Tech. Sgt. Milford 334-221-8690

Tech. Sgt. Nelson 334-221-7571

Staff Sgt. Freeman 334-414-2431

## 187 FW Mentoring Program

Something new and exciting is on the horizon!!! The 187FW Mentoring program officially began January UTA. The purpose of the mentoring program is to provide guidance, encouragement, direction and insight to our Airman. If you would like more information on the mentoring program please contact one of the following committee members. Thank you!!

Senior Master Sgt. David Betts(FW) x7178

Senior Master Sgt. Stan Skipper (FW) x7161

Senior Master Sgt. Jeff Shirley (LRS) x 7513

Senior Master Sgt. Becky Daniels (LRS) x7486

Senior Master Sgt. Kristie Pomilia (FW) x7177

Senior Master Sgt. Mataya Williams (CE) x7515

Master Sgt. Lisa McDay (FSS) x7463

Master Sgt. Lou Enriquez (CF) x 7444

Master Sgt. Samantha McLeod (FW) x7170



# TOUCH & GOs

## 2015 UTA SCHEDULE

Next Drill is *August 1-2*

September 12-13

November 7-8

October 3-4

December 5-6

**Reminder: Don't forget to take advantage of the on base gas pumps; it contributes to the wing's morale fund for YOU!**

## JOIN THE HONOR GUARD



If you are interested in learning about opportunities with the Base Honor Guard, contact [Tech. Sgt. Christina Lee](#)



# REMINDERS & NOTICES



## IMPORTANT NOTICE



In accordance with the ALNG TAG'S Policy Letter dated 21 November 2013, Privately Owned Weapons (POWs) are allowed on ALNG installations. Members must adhere to the following to comply with the policy:

- POWs are **NOT** allowed until member receives a commander's brief,
- POWs are **NOT** allowed until member signs a statement of understanding,
- POWs are **NOT** allowed inside any building,
- POWs must be stored in a locked privately owned vehicle,
- Members must be eligible to carry a POW, according to all statutes and ordinances,
- Park in a valid designated area; (DANG defines a valid designated parking area as any legal POV parking space).
- Personnel will not use POWs under any circumstances to aid Security Forces**
- POWs are **NOT** allowed on federal installations, i.e. Maxwell and Gunter AFB.

**\*\*This is the TAG's policy and it's not negotiable.\*\***

For additional information contact:

Chief Master Sgt. David E. Sellers, 187th Security Forces Manager at 334-394-7535 or [david.sellers@ang.af.mil](mailto:david.sellers@ang.af.mil)

# UPCOMING EVENTS

## FREE 2015 Air Force Reserve/ Air National Guard Teen Leadership Summits

### Classic Teen Leadership Summit



Wahsega 4-H Center  
Dahlonega, GA  
12-17 July 2015



Nestled in a valley of the Chattahoochee National Forest, Wahsega 4-H Center hosts the Classic Teen Leadership Summit. High adventure activities such as high ropes, zip line canopy tour, white water rafting, hiking, fishing, archery, survival classes and more.

<http://georgia4h.org/AFRANGTeenSummit/>



Alabama Air National Guard Tech. Sgt. Jody Hershbine prepares to ride across the United States to raise money for the Wounded Warrior Project, July 1, 2015. Hershbine will ride more than 3,500 miles from Savannah, Ga. to Astoria, Ore. (U.S. Air Force photo by Tech. Sgt. Matthew Garrett)



*Final Photo*