

In Formation

Feb/March 2010

★
Montgomery



187th Fighter Wing

On the Horizon for 2010



The 187th has three Operational Readiness Exercises and only six regular UTAs to prepare for the Phase I ORI. Get focused early and fix your processes now! Every member of the 187th FW has a job to do to guarantee success.

ORE/ORI
PREP

DEPLOYMENT
TRAINING

Accomplish Total Force awareness training on an annual basis via CBT/ADLS. Tier 2A/2B training in preparation for AEF deployment and Phase I will be done at Polifka on Maxwell AFB 26 June and 14 Aug 2010 at 0700 hrs.

Talk to your UDM and Commander about your AEF schedule. Know your job and the requirements annotated in your specific reporting instructions. Be ready and represent the 187th FW with honor!

AEF
ROTATIONS

NEW FITNESS
STANDARDS

Revisions to the AF and ANG fitness program take effect on 1 July 2010. These changes to the standards will shift a greater level of responsibility to the Airman for maintaining year-round fitness. Be informed and get fit to fight! See page 10 for more details.

Illustration by TSgt Jamie Pitcher

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Preview



Spotlight - "Petro Crew"

Staff

- Commander Colonel Jeff Smiley
- PA Officer Capt. Will Cambardella
- NCOIC SMSgt Walt Linch
- PA TSgt Amanda Lassitter
- Photo TSgt Jamie Pitcher
- Photo SSgt Chris Baldwin

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187th FIGHTER WING MISSION STATEMENT



To provide the state, Governor, National Command Authority, and Combatant Commanders with a superbly equipped and trained general purpose F-16C+ Block 30 Aviation Package, associated Expeditionary Combat Support functions and RC-26B counter drug package for world-wide combat and peacetime/humanitarian tasking in support of our community, state, and national interests.

Commander's Desk

Lieutenant Colonel Justin Smith
187th Fighter Wing/Maintenance Group Commander



Honored to Serve, Ready to Roll

Francine and I would like to thank all of you for the OUTSTANDING support we've received since we arrived in town. From the MSF in-processing, to the Finance section, the LRS gang, and of course, the professionals of the Maintenance Group, we've both felt at home since the day we arrived. We are excited about being a part of the 187th Fighter Wing and we already feel like part of the family.

That being said, let's get to it. Plain and simple, the 187th Maintenance Group is on its way to being a World Class Organization—I am fully committed to making this happen. I don't take "world class" as a cliché—I want us to be a Maintenance Group that any Airman in the Total Force would be proud to call their Group. But the way ahead won't be easy. Being back in the middle of SEC Football land, I'll use a metaphor we can all relate to—"to be the best, you've got to beat the best."

I wish being a World Class Maintenance Group were that easy—I wish we could line up against other MXGs, play for 60 minutes, and walk away either a winner or loser. Unfortunately, we can't do that. Instead, we need to take advantage of opportunities to show folks that are not part of the 187th MXG what we're about. We've got several of these opportunities coming up in the near future, and we need to capitalize on all of them if we want the rest of the Total Force Maintenance community to turn their heads this direction. From next week's Combat Shield, to the November

Phase 1 ORI, we've got several outside agencies/personnel that will descend upon the 187th MXG to see what we're all about. I am fully committed to making sure that these outside folks see a highly motivated, cohesive team of aircraft maintenance professionals who know their jobs. I need all MXG members to share this commitment with me. Whether we like it or not, what inspection teams think of us is sometimes more important than what we think of ourselves. Bad inspection results don't get you Active Associations, and they definitely don't get you a Joint Strike Fighter.

Back to the football analogy—you don't win games unless you do 3 things—the basics—protect the ball, block, and tackle. You can run a tight spread offense and Cover 2 defense all day long, but if you don't do the basics well, you will lose. The "basics" for the 187th MXG are simple as well—know your job, respect other people, and follow the book. These inspection teams are full of professional inspectors and they will challenge us with all kinds of scenarios, many of which may seem unrealistic. We will stumble, and we will fall. But if we've got the basics covered, we won't stumble as long, we won't fall as hard, and we'll get back up and keep fighting.

MXG members, consider this my challenge to you today—let's COMMIT OURSELVES TO THE BASICS, and blow these inspections out of the water. These inspections are our opportunities to show the Total Force what we're about, and we will treat them as just that. Don't look at this year as "Oh, woe is me, look how busy we are..." Look at these inspections as "Bring it on, y'all. We want to show you what we're about." The ANG Maintenance Community and ACC IG are coming to town. This is either an opportunity for "visibility" (good), or "exposure" (bad)—it's up to us to determine which.

I like everything I've seen in the Maintenance Group these past few weeks and I stand ready to keep the 187th Maintenance Group and, in turn, the 187th Fighter Wing moving towards an Active Association in the near future, and the Joint Strike Fighter as our long term future mission. Getting an OUTSTANDING on our upcoming inspections won't guarantee the Association or the JSF—but getting less than satisfactory results will almost surely guarantee that neither will happen. The 187th is like most ANG units—we're a family, with parents, children, and even grandchildren in the unit. Those that have gone before us have kept this unit alive and well, securing the jobs that we have today. Let's not let our future generations down—the ball's in OUR COURT—it's our responsibility to do what we can today, to secure the future for tomorrow.

See you in the shops, and on the line.

Justin

Command Chief Master Sergeant

by Chief Master Sergeant Michael Cone
187th Fighter Wing/Command Chief



A couple of months ago, the Mission Support Group First Sergeant and I wrote about our experiences at the Air National Guard Enlisted Leadership Symposium. Briefly, I want to share another insight from this symposium.

The Air National Guard Command Chief Master Sergeant, CMSgt Chris Muncy, spoke to all the attendees at a breakfast. His speech was centered on the uniqueness of serving your country. To demonstrate how unique you are when compared to the rest of the population he provided some facts that I will customize to the State of Alabama.

The Air National Guard is comprised of 109,000 members, of which 94,000 are enlisted. That's a big number until you put it into perspective. Consider this, you can take all enlisted Air National Guard men and women and put them in Bryant-Denny or Jordan-Hare Stadium. Think about that for a minute. Every enlisted member in the Air National Guard will fit inside a football stadium.

Considering all services and components, you represent the one percent of our total population that has taken an oath to defend our country against all enemies, foreign and domestic. To put that in perspective, the total number of members serving in all services and components roughly equals half the population of Alabama.

You are unique.



Colonel Jeff Smiley, Wing Commander, and Lieutenant Colonel Justin Smith, the newly appointed Maintenance Group Commander, at the Change of Command Ceremony, January 24, 2010. (photo by Staff Sergeant Chris Baldwin)

CONGRATULATIONS

Outstanding Airman of the Year

Airman Category:

SrA Charles E. Harris
187th Aircraft Maintenance Squadron

Non-Commissioned Officer Category:

TSgt Devin R. Boggan
187th Medical Squadron

Senior Non-Commissioned Officer Category:

SMSgt Kenneth J. Monk
187th Aircraft Maintenance Squadron

First Sergeant Category:

MSgt Michael B. Hall
187th Aircraft Maintenance Squadron

Airman of the Quarter (First)

SMSgt Janis Bipes, 187th Service Flight
TSgt Katie Segrest, 187th Financial Management Office
A1C Ladarius Reed, 187th Force Support Squadron

Please stop by and congratulate these Airmen for their achievement and for their service to you.

Anti-Terrorism

by Colonel (Retired) George R. McCurdy III
187th Fighter Wing/Anti-Terrorism Officer



We are all acutely aware that the world is a dangerous place and the War on Terrorism is a war that we must fight with relentless determination and must win. Therefore, it is important that we understand our Force Protection Conditions (FPCON)s as this is an integral system to identify measures to mitigate these threats. The definition of FPCON's as noted in AFPAM 10-100 is as follows: FPCON's describe progressive levels and initiate pre-planned defensive and mitigation

actions. FPCON declarations are normally provided through your chain-of-command, command post, and other available resources. The definitions of each FPCON is listed below. Please review and understand each one, Normal through Delta.

- **Normal** - General global threat of possible terrorist activity exists but warrants a routine security posture.
- **Alpha** - Increase general threat of possible terrorist activity against personnel or facilities, nature and extent of which are unpredictable. Must be capable of being sustained indefinitely.
- **Bravo** - Applies when increased predictable threat of terrorist activity exists. Sustaining Bravo measures for a prolonged period may affect operational capability and relations with local authorities.

• **Charlie** - Applies when an incident occurs or intel is received indicating some form of terrorist action or targeting against personnel or facilities is likely. Measures will create hardship and affect the activities of the unit and personnel.

• **Delta** - Applies in the immediate areas where a terrorist attack has occurred or intel has been received that terrorist action against a specific location or person is imminent. Normally declared as a localized condition. This is not intended to be sustained for substantial periods.

Each of you can make a difference in this War on Terrorism. Report suspicious activity by calling 394-7277.

Eagle Eyes Eagle Eyes Eagle Eyes

2010 AFR/ANG Teen Leadership Summits

by National Guard Bureau

The application deadline is 16 Apr 2010 - applications and instructions as well as applications for adult volunteers are located at the following website:

www.georgia4h.org/AFRANGTeenSummit

The AFR/ANG Teen Leadership Summits are open to all 14-18 year old dependent teens of current Air Force Reserve or Air National Guard members. Applicants will be required to complete the 2010 AFR/ANG Teen Leadership Summit application for the session they wish to attend to include essay questions, code of conduct and transportation form.

Classic Summit, 13-18 June 2010 - Wahsega 4-H Center, Dahlonga, GA. Attendees will be flown into Atlanta-Hartsfield International Airport. This Summit will focus on developing an awareness of programs and services available to AF Reserve and Air National Guard dependents. Activities include high/low ropes course, rock climbing, white water rafting, hiking, environmental education and leadership classes.

Survival Summit, 20-25 July 2010 - Colorado Youth Programs, Boulder, CO. Teens must have attended a previous AFR/ANG Teen Leadership Summit to apply for this camp-attendance is limited to 36 teens. Attendees will fly into the Denver International Airport. This Summit begins at base camp where teens will have a day to prepare for the expert-led three day, two night survival experience.

Adventure Summit, 10-15 August 2010 - Cheley Camps, Estes Park, CO. Attendees will be flown into Denver International Airport. In this beautiful and majestic setting, teens will have the opportunity to choose from daily activities such as Rocky Mountain hiking, horseback riding (western), colts (where campers learn what is involved in training horses) backpacking, mountain biking, technical climbing, archery and low ropes challenge course. If you have any questions, please contact the following: *Maj Karen Patrick, NGB/A1SA, 301-836-8179; karen.patrick@ang.af.mil* or *Ms. Sandra Mason, NGB/A1SA, 301-836-8138; sandra.mason.ctr@ang.af.mil*

ESC group aids Haitian response efforts with critical imagery

by Chuck Paone

66th Air Base Wing/Public Affairs

1/15/2010 - HANSCOM AIR FORCE BASE, Mass. -- The 950th Electronic System Group's Eagle Vision imagery collection team here sprang into action within hours of the 7.0 earthquake that shook Haiti to its core Jan. 13.

By about 9 p.m. that evening, program officials began working to order commercial satellite imagery of the island nation from a pre-established list of world-wide vendors, said acting program manager Capt. Dan Urban. They then notified two Southeastern U.S.-based Air National Guard units and told them to be prepared to receive the imagery.

The units, the 169th Communications Flight out of South Carolina and the Alabama ANG's 232nd Combat Communications Squadron, operate Eagle Vision systems, which have been designed to receive and exploit this imagery. Both have the ability to cover Haiti within their 'imaging circles.'

"They jumped on board and began working to download and enhance images when the first commercial satellite made its pass the next morning," Captain Urban said.

Disaster response officials use the satellite imagery to plan, prioritize and optimize their actions, often comparing overlays that contrast current conditions with pre-disaster imagery.

"This before-and-after comparison expedites the detection of destroyed roads and homes and highlights possible future trouble spots," Captain Urban said. "By rushing it to relief workers, we help them plan the safest and most logistically feasible routes, so that they can get aid to the most heavily populated and most heavily affected areas fast."

In all, the EV system consists of five deployable satellite downlink stations that collect and process near-real-time optical and synthetic aperture radar imagery from commercial satellite constellations. The system ensures that U.S. forces - or in this case, disaster responders - have current,

high-resolution imagery of the area of interest.

The imagery does not offer the fidelity that national defense-asset imagery does, but the pictures are more than sufficient to meet disaster response efforts, according to Captain Urban. The great advantage is that they're more readily available and can be turned around much faster, generally within two to four hours, depending on the amount of refinement (adding in street names, etc.) required by the end-user.

The commercial imagery is also unclassified, which means that combatant commanders or first responders can freely share it. This makes EV very useful and popular among the disaster response community.

In this case, in addition to funding and procuring the satellite imagery, program officials here are also working to augment EV operator activity. They have been poring over archival imagery and sending the most useful pictures out to the users.

"In a disaster situation, we almost always go into this mode, doing whatever we can to help responders do their job better," Captain Urban said.

The program office will also continue ordering commercial satellite imagery for as long as officials require it, working to put together the most comprehensive list of shots they can. In this instance, and most others, the program office bears all the costs itself, using a reserved pool of money.

In 2009 Hanscom's EV team supported five deployments and aided recovery for 18 natural disasters, providing maps layered with satellite imagery so rescue workers could optimize how, where, and when to respond. Their support was so outstanding that the NORTHCOM commander put EV on the "must have" list for responding to natural disasters in Northern America, Captain Urban said.



187 SFS AWARD WINNERS

Col. Michael Woodard and Col. Paul Jacobs flank the 187th SFS award winners during an awards ceremony at JAN UTA

Congratulations!!!



Story by Master Sgt. Jeffrey L. Shirley, NCOIC Fuels Mgt
 Photos by Staff Sgt. Chris Baldwin, Wing Public Affairs
 Graphics by Tech. Sgt. Jamie Pitcher, Wing Public Affairs

SPOTLIGHT

Nothing Goes Without the Hose

If a picture is worth a thousand words, then allow your mind to visualize this image: 12 meticulously maintained and fully armed F-16s are on the 187th Fighter Wing flightline with some of the best pilots in the Air National Guard ready to roll. Now imagine those same aircraft with little or no fuel onboard. All of the hard work by multiple base organizations was for naught; the sorties are lost, and we have mission failure. Fortunately, this scenario has never happened at the 187th FW. The Logistics Readiness Squadron (LRS) Fuels Flight works diligently to ensure that it never will.

PETROLEUM OIL & LUBRICANTS



Although POL is part of LRS, the Flight works very closely with maintenance personnel. For example, Senior Master Sergeant Ken Monk, Aircraft Maintenance Squadron Production Superintendent, noted, "POL may not be part of maintenance, but we view them as one of us because what they do is vital to our mission."

The once robust Flight of 18 personnel, currently operates with 12 enlisted (three full-time) members. Members of the Flight receive, store, test, issue and account for all of the aviation fuel, ground fuel, and liquid oxygen required to meet mission requirements for the Wing. It begins with offloading about 30 tractor trailer loads of fuel each month, and ends with an eight million dollar account reconciled with the Defense Energy Supply Center (DESC) enterprise accounting



Tech Sergeant Demarco Perry shows In-Formation how he implements quality control measures on R-11 (above). Liquid Oxygen is regulated with protective military equipment (left).

system. This represents almost 2.5 million gallons of product each year and serves as the big picture.

The small but important details in between are what enables the small shop to guarantee 100% on-time clean and dry fuel for all taskings. The first detail is maintaining DESC-owned storage tanks and associated dispensing systems in order to assure reliability. From the time fuel arrives on station to the time it flows from refueling unit to aircraft, various tests and

analyses are used to uphold quality standards. Four 6,000-gallon fueling units are maintained and equipped with mandated accounting technology to ensure safe, efficient delivery and accurate accounting of this commodity.

In addition to supporting local requirements, the Flight is actively and routinely involved with Air Expeditionary Force (AEF) deployments. Senior Master Sergeant Jasper Edwards, POL Superintendent, is thankful for the service of his personnel. "Even while local flying has increased

sharply resulting in more fuel pumped by fewer personnel, nine of our Flight members found a way to serve more than 600 man-days in support of the Total Force AEF requirements. This is commitment. People find a way to get the job done."

The most important and often overlooked aspect of POL operations are the people who make it all work. After technical training, fuels operators learn through on-the-job training (OJT) and work toward achieving proficiency in the most visible aspect of the position, delivering fuel to aircraft. Fuels operators may then learn all of the various behind-the-scene tasks that keep the POL machine fully engaged. However, no amount of specialization in other areas will lead too far away from the flightline. The reason for this is simple. The number of guardsmen in the POL Flight may rise and fall. Having fewer people, however, will never be an excuse for a stall. With each additional aircraft and requirement, their value to the unit grows. POL professionals are keenly aware that "nothing goes without the hose."



All in a day's work! Tech Sergeant Donaca Granderson processes fuel transactions (above). Staff Sergeant Julius Parker dispatches R-11 to aircraft in real-time (left).

What Exactly is an “Elevator Speech”?

by Senior Master Sgt. Jay Moseley
187th Fighter Wing/Human Resource Advisor



Did you hear the one about the Colonel who steps into an elevator and says, “SMSgt Moseley, what does a Human Resources Advisor do?”

If you are still reading this, you are probably wondering what I’m talking about. Who gives a speech in an elevator anyway? The idea of an “elevator speech” is to have a prepared presentation that grabs attention and says a lot in a few words.

My response to the Colonel’s question would be something like this:

Sir, as the HRA for the 187th Fighter Wing, my job is to work with the Wing Commander and other senior leaders on issues related to Force Development, Mentoring and Diversity. Force Development takes individual capabilities and, through education, training, and experience, produces skilled, knowledgeable, and competent Airmen who can apply the best tools, techniques, and procedures to produce required operational capability.

As Commanders and Senior NCOs at the 187th FW, our job is to prepare Airmen for leadership by optimizing experiences and skills and by developing capabilities to meet any challenges. As the Wing HRA, my job is to promote Force Development and advise the Wing Commander on issues that will lead to the enhancement of Force Development at our Fighter Wing.

As an HRA, I play a key role is promoting mentoring among Airmen. Mentoring offers a skills development multiplier of tremendous value. Through mentoring, senior Airmen can convey experiences and expertise to the more junior Airmen. Mentoring offers a means of increasing skill expertise in addition to reinforcing Air Force culture and values.

As one really smart Chief once told me, “If you see a turtle

sitting on a fence post, just remember, that turtle didn’t get there by itself.”

Everyone at some point or another has had a mentor. My job, as an HRA, is to promote mentoring by encouraging members to engage with other junior members. One useful tool in this process is *My EDP* accessed through the Air Force Portal.

Another important role I play, as an HRA, is to promote Diversity among the base populace and throughout the Air National Guard. The success of diversity in the Air National Guard is a direct reflection of the commitment to diversity of the individual Airmen in the Air National Guard. It is about: Getting 100% out of 100% of our Airmen. We get the best from our people when we *give* them our best. Diversity in the Air National Guard is broadly defined as recognizing, respecting, and embracing the relative differences in thoughts, experiences, and abilities of our Airmen consistent with our Core Values. “We Are Better Together...”

And there you have SMSgt Jay Moseley’s “elevator speech” and a lesson in what the Wing HRA does for the 187th FW. I recommend anyone in a leadership position to craft one. You never know when that same Colonel may ask you, “What do you do?”



187th Fighter Wing Civil Engineers give the outdoor hangar a good scrub down for the new year, January 24, 2010. (photo by Staff Sergeant Chris Baldwin)

Survey’s Up

by Captain LeAnn Morris
187th Fighter Wing/Equal Opportunity Officer

The 187th Fighter Wing has just completed our Air Force Equal Opportunity Climate Assessment. The amount of people who took time out of their busy schedule to give the leadership feedback and recommendations is appreciated.

Overall, the unit did very well, but there is always room for improvement. One of the issues we will be concentrating on in the upcoming year will be morale. With our high Operational tempo and all of the OREs and ORIs, the workload and stress level of our members has gone up. Members also suggested holding all personnel accountable to meet standards was very important. If some members are showing up late, or not pulling their fair share of the load, it causes undue work for others. If supervisors don’t give equitable disciplinary measures across the board for these

infractions, it causes moral to go down. So what is one way to keep morale up? Make sure you are coming to work on time and setting a good example for everyone around you. And if you are a supervisor, make sure you are holding your members accountable across the board. Be on the lookout for more information from the surveys.

Airman Showcase

Assigned to: 187th Fighter Wing,
226th Combat Communications Group, and
232nd Combat Communications Squadron

Hometown: Montgomery, Alabama

Attends: Troy State University, pursuing Bachelor's in Business with a minor in Education. Sergeant Howard is also working towards her Community College of the Air Force Degree in Human Resource Management.

Sergeant Howard enlisted in the Air Force Reserves from March 2004 until May 2008. She completed Basic Military Training in October 2004 and proceeded to the Information Management Technical School at Keesler AFB, Mississippi. She served four years as a traditional reservist at the 908th Maintenance Group in Alabama working as the Commander Support Staff. She completed two tours at Squadron Officer School on Maxwell, AFB as the Student Service Liaison. After completing those tours she went on to serve a year with the Air Force Reserves Recruiting Office. Sergeant Howard worked two civilian careers while working on these military duties. She was later hired full time with the 187th Fighter Wing as the Recruiting Office Administrative Assistant. Sergeant Howard was selected as Recruiter for the 187th Fighter Wing on July 20, 2008. She completed the Air National Guard Recruiting School on February 13, 2009. Sergeant Howard also completed the Airmen Leadership School in May 2009.



Staff Sergeant Vannisha Howard
Production Recruiter

Who is your First Sergeant?

187 MSG



Senior Master Sgt.
Steve Russell

187 MXM



Master Sgt.
Charlie Oliver

187 SFS



Master Sgt.
Robert Thomas

187 MXA



Master Sgt.
Mike Hall

187 CE



Master Sgt.
Raymond Brothers

187 LRS



Master Sgt.
Dan Glore

187 Wing/100 FS



Master Sgt.
Bernadette Hollinger

Retirements

Please inform PA of your upcoming retirement and ceremony so we may support you with a hometown news release.

Promotions



Col.

Robert L. Bell

Robert H. Davis

Jeffery L. Carter

Quentin M. Collins

Michael C. Stephens



Capt.

Calandra R. Thomas



Staff Sgt.

Diondra C. Stapleton

Roscoe W. Lewis



Master Sgt.

Tommy O. Whitfield

George A. Miller

Chris L. Parrish

Miles E. Vaughan



Senior Airman

Aften K. Jones

Joshua L. Gates

Jeffrey A. Manning

Charles E. Harris



Tech Sgt.

Mark A. Bryant

Marquis D. Webster

Joseph C. Walton

Reenlistments

Paul J. Meadows

Keith W. Edwards

Matthew A. Shanks

Chad T. Fetherolf

Nicholas A. White

Jonathan A. Dean

Samuel L. Thomas

Edward C. Anderson

James E. Nichols, Jr.

Donaca Granderson

Gregory D. Fanin

Even More Fit-to-Fight

by Lieutenant Colonel Elmer Norvell
187th FW Base Fitness Monitor

Revisions to the Air Force and ANG (ANGI 10-248) fitness program take effect on 1 July 2010. These changes to the fitness standards will shift a greater level of responsibility for maintaining year-round physical fitness to all Airmen.

Scoring will be age and gender-specific composite scores based on maximum component scores:

60 points for aerobic, 20 points for body composition, 10 points for pushups and 10 points for sit-ups.

You must pass each portion or fail the entire test (75% minimum)

Aerobic component evaluated by the 1.5-mile timed run. There is a one-mile walk for members who have a medical reason for not doing the run, however, medical must clear you which may require a Medical Evaluation Board to determine if you are fit for duty. Commanders will now be allowed to take administrative action for first time failures if warranted.

Think thin! Height and weight are not factored into the composite score. You waist measurement is the measurement that counts –

however, it is not likely that an overweight person would have a small waist measurement. Eat right!

1. Get a running partner.

2. Log your runs, pushups, sit-ups and your weight. It will motivate you to see your improvement.

3. Make time on a schedule for exercise – do not let interruptions keep you from working out. You need time to eat, sleep, and exercise.

You must have all three to be healthy.

If you do poor or fail the fitness test, you will be put on the Fitness Improvement Program (FIP) and must test again within 6 months.

You must make satisfactory progress or your commander may elect to discharge you.

If you are allowed to stay after a second failure, you must pass the test within 6 months or be discharged after this third failure. Your commander will have no other option- 3 strikes, you're out.

The last hour of UTA on Sunday will be dedicated to mandatory PT for all FIP members at the 187th Fighter Wing to assist in getting the member up to standards.

SUICIDE PREVENTION

WARNING SIGNS AND RISK FACTORS

*Brought to you by the
187th Chaplain Corps*

*The following information was
obtained from the Army. The
site is located at [http://chppm-
www.apgea.army.mil/dhpw/
Rediness/suicide.aspx](http://chppm-
www.apgea.army.mil/dhpw/
Rediness/suicide.aspx)*

*Don't miss an opportunity to make a critical difference
to someone who may be suffering in silence*

WARNING SIGNS:

When a person presents any combination of the following, the buddy or chain of command should be more vigilant. It is advised that help should be secured for that person.

- Talk of suicide or of killing someone else
- Giving away property or disregard for what happens to one's property
- Withdrawal from friends and activities
- Problems with girlfriend or boyfriend or spouse
- Acting bizarre or unusual (based on your knowledge of the person)
- Trouble for misconduct (Art-15, UCMJ, etc)
- Experiencing financial problems
- Lost their job at home
- Leaving the service (retirement, etc)

When a person presents any one of these concerns, they should be seen immediately by a helping provider.

- Talking or hinting about suicide
- Formulating a plan to include acquiring the means to kill oneself
- Having a desire to die
- Obsession with death (music, poetry, artwork)
- Themes of death in letters and notes
- Finalizing personal affairs
- Giving away personal possessions

*Take
responsibility
for one another;
act decisively
when you see
someone in
crisis*

RISK FACTORS:

Risk Factors are those that increase the probability that difficulties could result in serious adverse behavioral or physical health. The risk factors only raise the risk of an individual being suicidal, it does not mean they are suicidal.

The risk factors are often associated with suicidal behavior include:

- Relationship problems (loss of girlfriend/boyfriend, divorce, etc)
- History of previous suicide attempts
- Substance abuse
- History of depression or other mental illness
- Family history of suicide or violence
- Work related problems
- Transitions (retirement, PCS (Permanent Change of Station), discharge, etc.)
- A serious medical problem
- Significant loss (death of loved one, loss due to

natural disasters, etc)

- Current/pending disciplinary or legal action
- Setbacks (academic, career, or personal)
- Severe, prolonged and/or perceived unmanageable stress
- A sense of powerlessness, helplessness, and/or hopelessness

SUICIDIAL RISK HIGHEST WHEN:

- The person sees no way out and fears things may get worse.
- The predominant emotions are hopelessness and helplessness
- Thinking is constricted with a tendency to perceive his or her situation as all bad
- Judgment is impaired by use of alcohol or other substances

The Roots of the 100th Fighter Squadron

by Major Monoletto Hosea
187th FW/Personnel Office

The Heritage of the 100th Fighter Squadron embraces that of many African American pilots who fought during World War II. What makes this especially remarkable is that 930 African-American men graduated military pilot training during a time when our country had not fully accepted the abilities and contributions of colored people. The 100th Fighter Squadron (some 30 mile from Molton Field, Tuskegee) stands as a symbol honoring those brave men and women that made significant contributes to our country during a time of war.



The only African-American pilots in combat with the Army Air Forces during World War II believed they had something to prove. They knew that if they performed well in battle, the decision to accept them in a role from which they had previously been excluded would be vindicated. Excellent combat performance would also contribute to expanding opportunities for African-Americans, not only in the armed forces of the United States, but in American society as a whole. The 332d Fighter Group and its four squadrons, the 99th, 100th, 301st, and 302d, more than met the challenge. They shot down 112 enemy aircraft in flight. Colonel Benjamin O. Davis, Jr. served as the most famous of the 332d Fighter Group commanders. His father had been the first African-American general in the U.S. Army. Partly because he was a graduate of West Point, Colonel Davis had already been Commander of the 99th Fighter Squadron, the first black flying unit in the Army Air Corps. The squadron was more than a year older than the group.¹



1. exert taken from 112 Victories: Aerial Victory Credits of the Tuskegee Airmen: by Dr. Daniel L. Haulman, Air Force Historical Research Agency



Local Employer Given Patriot Award

by Senior Master Sergeant Steve Russell
187th Fighter Wing/Mission Support Group First Sergeant

Recently, Mr. Richard Little, a regional representative of the Employer Support of the Guard and Reserve (ESGR) awarded Mr. Gary Mathews, McKesson Corporation's Site Director in Montgomery, the Department of Defense's ESGR Patriot Award for his support of his Air National Guard employees. Mr. Mathews was nominated by SMSgt. Steve Russell, 187th FW Mission Support Group First Sergeant.

SMSgt Steve Russell nominated Mr. Mathews for the award for his support of SMSgt Russell's deployment to Joint Base Balad, Iraq. SMSgt Russell stated, "Gary Mathews was very supportive of my deployment and was instrumental in resolving issues that arose after

my return with re-instating my medical insurance for me and my family upon my return." After some words of praise, Mr. Little formally presented the Patriot Award to Mr. Mathews and pinned the Patriot Award lapel pin to his suit lapel.

ESGR is a DoD agency that promotes public and private understanding of the National Guard and Reserve in order to gain employer and community support. The ESGR is a staff group within the Office of the Assistant Secretary of Defense for Reserve Affairs (OASD/RA), which is in itself a part of the Office of the Secretary of Defense (OSD). Guard members should check out their website (<http://www.esgr.org/>) for useful information regarding

their legal rights, as well as their employer's legal rights. Also, there is a link to recognize and reward employers that are deserving of the Patriot Award, like Mr. Mathews.

Capt. Dallas Vick said, "the timing of the award could not have occurred at a more perfect time."

Two hours after their Director was given his award, Capt. Vick was notified by the 187th FW training office that he would be required to attend Squadron Officer School (SOS), which will require him to be absent from work for five weeks.



APRIL 9-11 2010
BARBER MOTOR SPORTS
BIRMINGHAM



Staff Sergeant Ben Knight diligently reinforces his technical skills outside the Communication Squadron building at JAN UTA.

(photo by Staff Sergeant Chris Baldwin)

Chaplain's Corner

by Lieutenant Colonel Ossie Brown
187th Fighter Wing/Chaplain

HUMAN RECALL ALERT



The Maker of all human beings is recalling all units manufactured – regardless of make or year – due to the serious defect in the primary and central component of the heart. This is due to a willful malfunction in the original prototype unit—code named Adam and Eve—resulting in the reproduction of the same defect in all subsequent units.

This defect has been technically termed, "Subsequential Internal Non-morality." Some other symptoms include the following:

- Loss of direction
- Foul vocal emissions
- Amnesia of origin
- Lack of peace and joy
- Selfish or violent behavior
- Depression or confusion in the mental component
- Fearfulness
- Idolatry
- Rebellion

The Manufacturer, who is neither liable nor at fault for this defect, is providing factory authorized repair and service free of charge to correct this SIN defect. The Repair Technician, Jesus, has most generously offered to bear the entire burden of the staggering cost of these repairs. There is no additional fee required. The toll-free number to call for repair in all areas is P-R-A-Y-E-R.

Once connected, please upload your burden of SIN through the REPENTANCE procedure. Next download ATONEMENT from the Repair Technician, Jesus, into the heart component. No matter how big or small the SIN defect is, Jesus will replace it with ...

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

Please see the operating manual, HOLY BIBLE, for further details on the use of these fixes.

Thank you for your attention to this HUMAN RECALL!

JOHN 1:3-5; "Through Him all things were made; without Him nothing was made that has been made. (4)In Him was life and that life was the light of men. (5) The light shines in darkness, but the darkness has not understood it."

BEN BROWN MEMORIAL BOWLING NIGHT

DATE: Saturday, February 20, 2010

LOCATION: Maxwell AFB,
575 E. Selfridge St, Bldg 45



TIME: 1830-2030

6 people per lane, 8 lanes, SO SIGN UP EARLY!

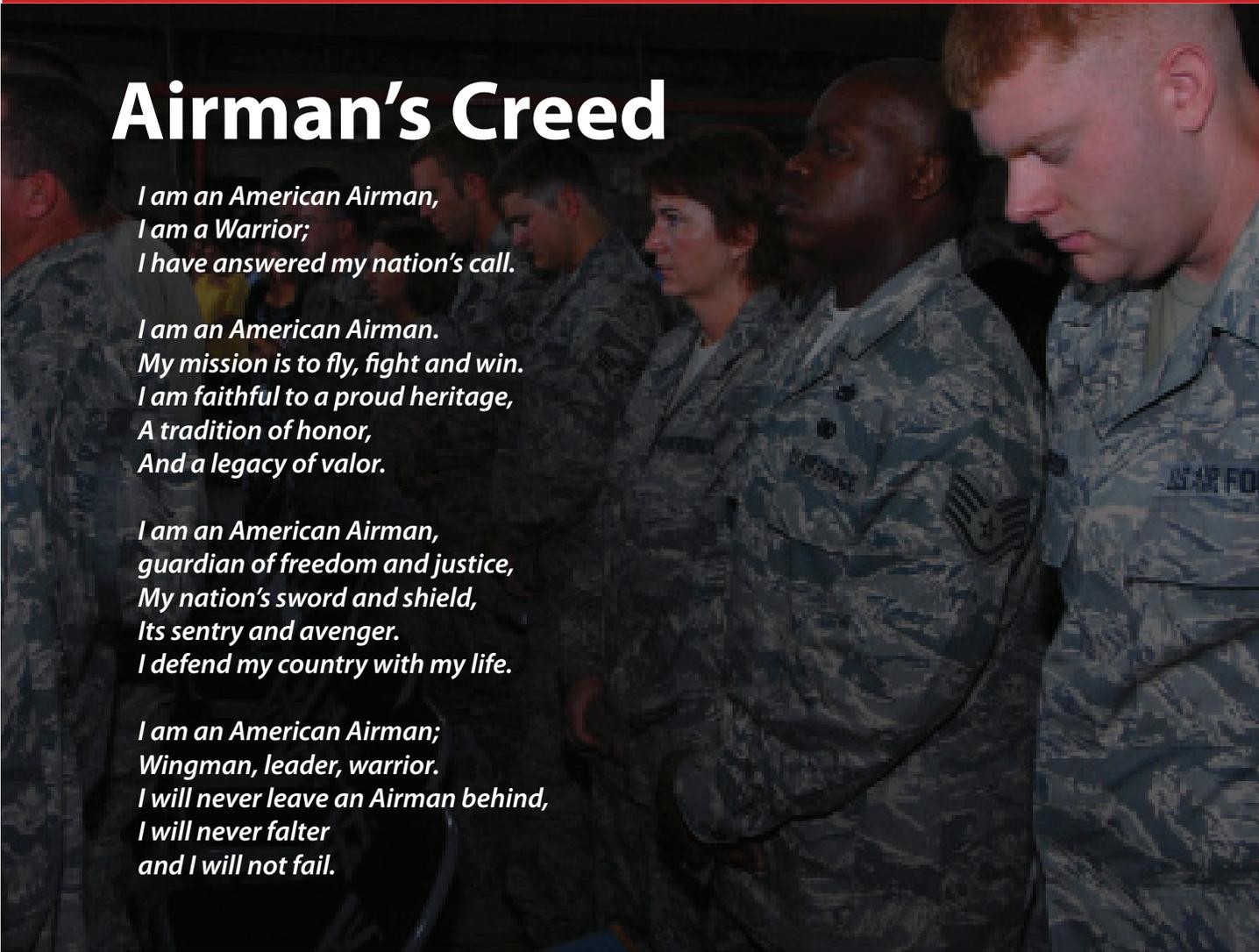
COST: \$22.00 per lane

INCLUDES: 2 hours of bowling and shoe rental

To sign up today please email or call:

MSGT CHAVIS: DAVID.CHAVIS@ANG.AF.MIL EXT. 7609

SMSGT BIPES: JANIS.BIPES@ANG.AF.MIL EXT.7321



Airman's Creed

*I am an American Airman,
I am a Warrior;
I have answered my nation's call.*

*I am an American Airman.
My mission is to fly, fight and win.
I am faithful to a proud heritage,
A tradition of honor,
And a legacy of valor.*

*I am an American Airman,
guardian of freedom and justice,
My nation's sword and shield,
Its sentry and avenger.
I defend my country with my life.*

*I am an American Airman;
Wingman, leader, warrior.
I will never leave an Airman behind,
I will never falter
and I will not fail.*

OFFICER'S OATH:

"I _____, do solemnly swear (or affirm) that I will support and defend the Constitution of the United States and the Constitution of the State of Alabama against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I will obey the orders of the President of the United States and the Governor of the State of Alabama, that I make this obligation freely, without any mental reservation or purpose of evasion, and that I will well and faithfully discharge the duties of the office of _____, in the Air National Guard of the State of Alabama upon which I am about to enter. So help me God.

OATH OF ENLISTMENT:

"I _____, do solemnly swear (or affirm) that I will support and defend the Constitution of the United States and the State of Alabama against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the Governor of Alabama and the orders of the officers appointed over me, according to law and regulations. So help me God.

AF Sage Green Fleece Wear Policy

released from 98th AF Virtual Uniform Board

The 98th Air Force Virtual Uniform Board has released a policy message for wearing the new Air Force sage green fleece as an outer garment for the Airmen Battle Uniform. The sage green fleece may only be worn over the ABU top, and is not authorized to be worn solely over a T-shirt, thermal underwear and similar undergarments, when worn as an outer garment. According to the message signed by Lt. Gen. Richard Y. Newton III, deputy chief of staff for Manpower and Personnel at Headquarters U.S. Air Force, Washington, authorized wear of the sage green fleece requires:

- the fleece must remain zipped no lower than halfway between the name tape and the collar
- the collar must be folded over and resting on the shoulder, chest and back when the zipper is not completely zipped
- the bottom length of the fleece must be as close to length of ABU top as possible
- the sleeves must be worn down at all times
- the fleece must be kept in a neat, serviceable and professional appearance at all times

After 1 Oct 2010, the following items are required:

- a Velcro ABU print last name tape with dark blue block lettering, centered between the zipper and sleeve seam on the wearer's right chest
- a Velcro ABU print U.S. Air Force tape with dark blue block lettering, adjacent to the name tape and centered between the zipper and sleeve seam on the wearers left chest
- a Velcro subdued cloth rank with a solid sage green background, flushed and centered above the last name tape on the wearer's right chest



Again you have until 1 Oct to get name tape, service designator and rank on the Green Fleece but I encourage all to get it as soon as possible. Items authorized for wear with the fleece include black or sage green leather, suede or knit gloves, black scarves that are tucked in, and black ear muffs. Black or sage green knit watch caps are also authorized, not to be confused with the fleece watch cap, which is not. The black fleece is only authorized as a liner and cannot be substituted as outerwear for those without the sage green fleece. Both the black and the green fleece without tapes and rank may be worn as a liner to the APECS. The black fleece will phase-out 1 Oct 2010.

Pictured are sage green fleece outer garments with proper placement of name and rank tapes. Members of the 98th Air Force Virtual Uniform Board released a policy message for wearing the new Air Force sage green fleece as an outer garment for the airman battle uniform. (U.S. Air Force photo)

Vacancies

187th Fighter Wing
Chaplain

187th Civil Engineering Sq
Electrical Power Production

187th Logisitcs Readiness Sq
Air Transportation Apprentice

187th MXM
Tactical Aircraft Maintenance
Jet Engine Mechanic
Aircraft Fuels
Aircraft Egress System
Aircraft Elec/Environ
Structural/Corr Specialist
Aerospace Ground Equipment
Munitions Systems

187th MXA
Tactical Aircraft Maintenance
Armament Systems

232nd CBCS
Electrical Power Production

187 OSF
Weather Officer

226th CBCS
(7-level qualified only)
HVACR
Ground Radio

EOC Testing

Saturdays 1300-1600
Sundays 0900-1200
Location MPF Testing Room

UTA Pay Dates

Jan UTA 3 Feb 2010
Feb UTA 3 Mar 2010
March UTA 17 Mar 2010
April UTA 3 May 2010

UTAs 2010

	UTA	SUTA
FEB	20-21	6-7
MAR	6-7	13-14
APR	24-25	none
MAY	14-15	none
	*MAY 16-17 (will be AUG UTA)	
JUN	26-27	12-13

DISCLAIMER: The In Formation is the official newsletter published by, and for, the personnel of the 187th Fighter Wing of the Alabama Air National Guard, Montgomery, AL. The opinions expressed herein do not necessarily represent those of the USAF or the Alabama National Guard.

End of Course Testing

Please reserve a seat through your Unit Training Manager. End of Course Testing is conducted every Tuesday at 1400 and every Thursday at 0900. No need to reserve a seat when testing on Tuesday or Thursday.

Officer Vacancies

2 Positions in the Medical Group

- 1 - Flight Surgeon (48R3)
- 1 - Physician Assistant (42G3)

Application Procedures: All applicants must submit a resume to 187th FW Medical Group. There is no closeout date on this announcement at this time.

Check your personnel AND pay records online

Sign-up on a military computer:

vMPF website: <http://www.afpc.randolph.af.mil/vs/>

My Pay website: <https://mypay.dfas.mil/mypay.aspx>

For assistance, see your orderly room representative.

Military Personnel Flight Customer Service Hours

Tuesday - Friday
0800-1730

Closed for lunch
1200-1230

Closed for training

Wednesday 1230-1430

Minimum staffing 1630-1730

UTA Hours 0900-1500

IMPORTANT FINANCE INFORMATION

Going on an Active Duty tour for 30 or more days? Don't forget to stop by Finance to outprocess, receive a briefing on your entitlements and get your pay started. If you do not out process with Finance, your pay may be either delayed or not started. It is very important that you stop by Finance before you depart.